

# Patterns and mechanisms of inflammatory skin conditions: the pathologist's survival kit

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SALVADOR J. DIAZ-CANO

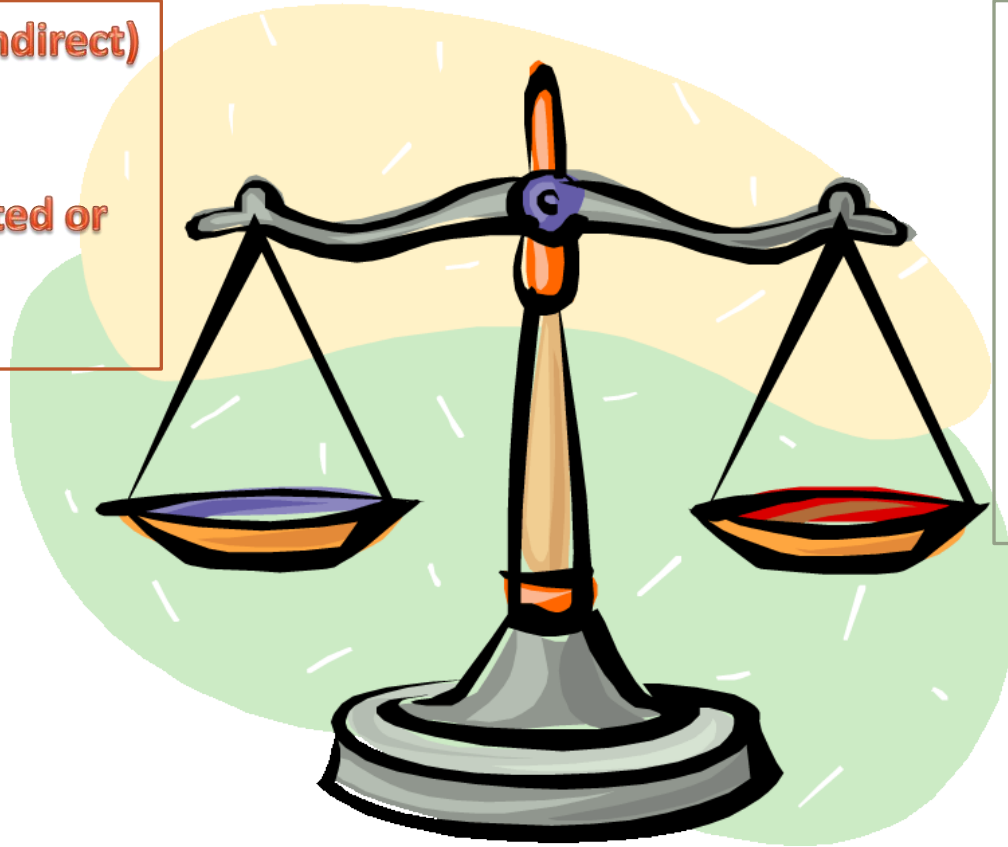
ORCID 0000-0003-1245-2859

BAHRAIN, APRIL 2017



# Basic Elements of Lesions

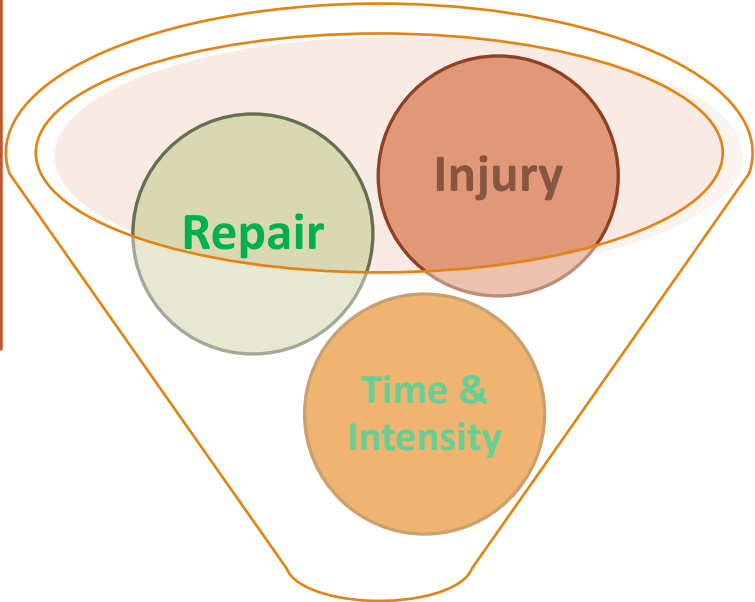
- Toxic (Direct/Indirect)
- Vascular
- Inflammatory (immune-mediated or not)
- Trophic



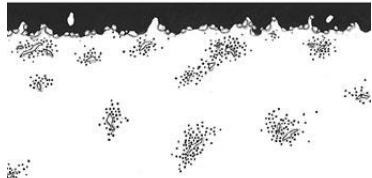
- Inflammation
  - Vascular component
  - Cellular component
- Regeneration/reparation
- Intracellular mechanisms

- Toxic (Direct/Indirect)
- Vascular
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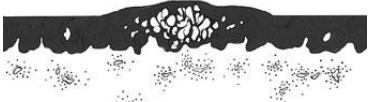
- Inflammation
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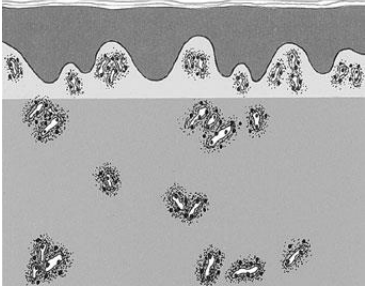
**Patterns**



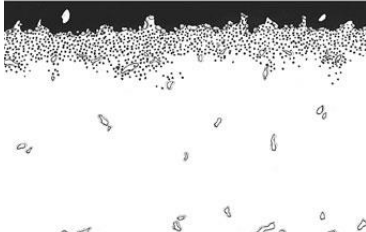
**Cell damage – oncosis**



**Cell damage – cytopathic**



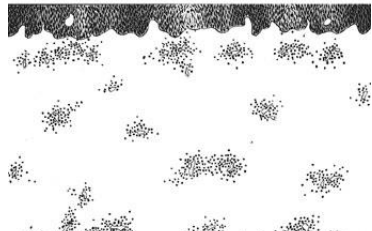
**Combined**



**Inflammatory – cellular**



**Hyperplastic reaction**



**Inflammatory – Extracellular/vascular**

# Biological Basis of Elementary Lesions

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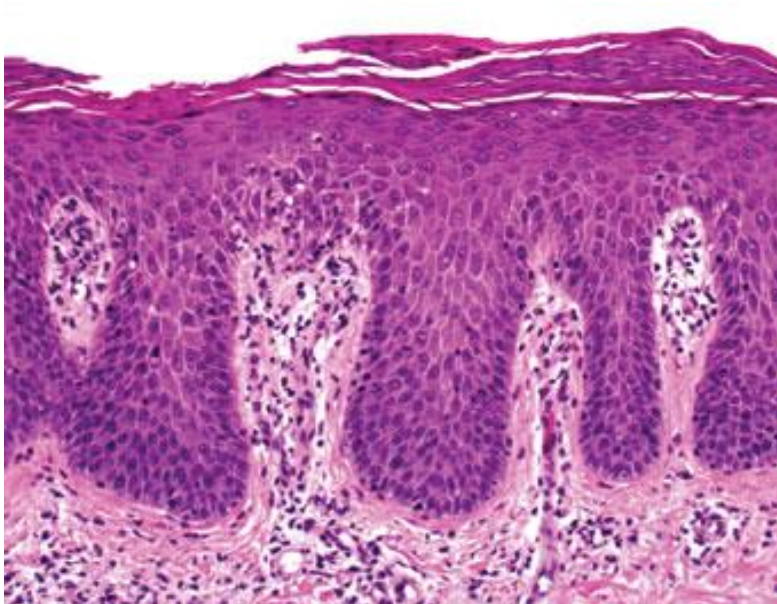
- **Cellular response**
  - Cell perpetuation pathway
  - Cell differentiation pathway
  - Activation of “default” pathway – cell death
- **Tissue effects**
  - Parenchyma and stroma interactions
- **Combination of findings depending on the primary damage target**

# Biological Processes and Pathology

Primary Biological Process	General Pathology
Increased keratinocyte turnover	Hyperplastic changes Lack of full cell differentiation Relative increase of cell loss
Decreased keratinocyte turnover	Relative atrophy Full cell differentiation Decreased cell loss
Inflammation	Vascular changes and permeability Cellular infiltrate Cell damage (stroma, vessels, epithelia)
Cell damage	Reversible Irreversible Regeneration and reparation

# Psoriasiform Acanthosis

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**Dermatophytosis**

**Psoriasis**

**Seborrheic dermatitis**

**Allergic contact / nummular  
dermatitis**

**PRP**

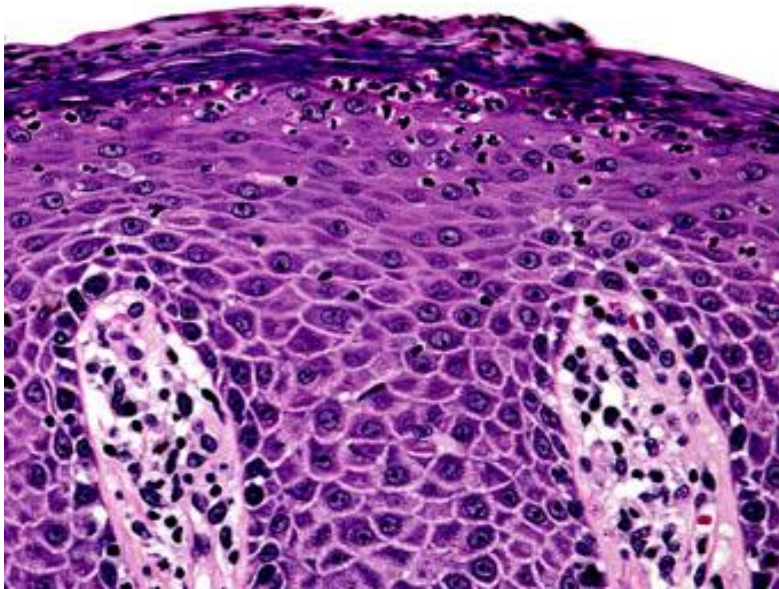
**Secondary syphilis**

**Scabies, Norwegian type**

**MF**

# Psoriasiform Dermatitis

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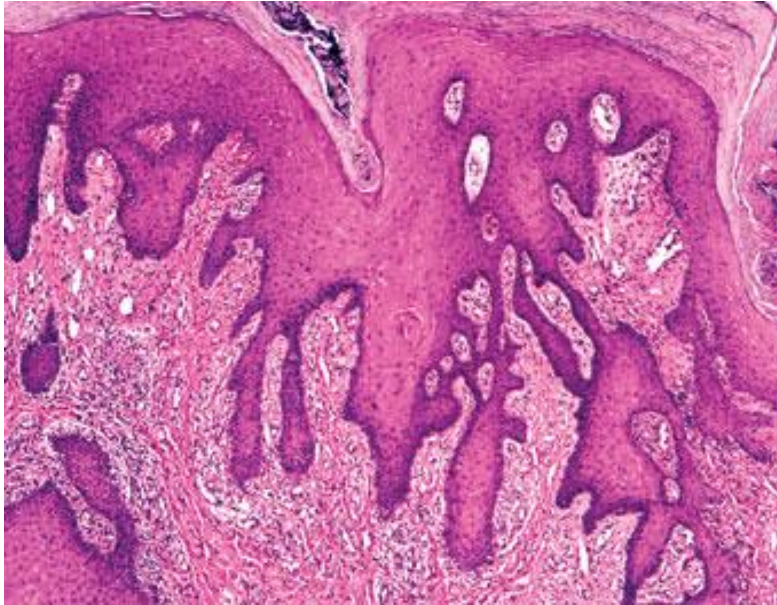
**Neutrophils within  
parakeratosis**

**Superficial perivascular  
dermatitis**

**Psoriasis**

# Irregular Epidermal Hyperplasia

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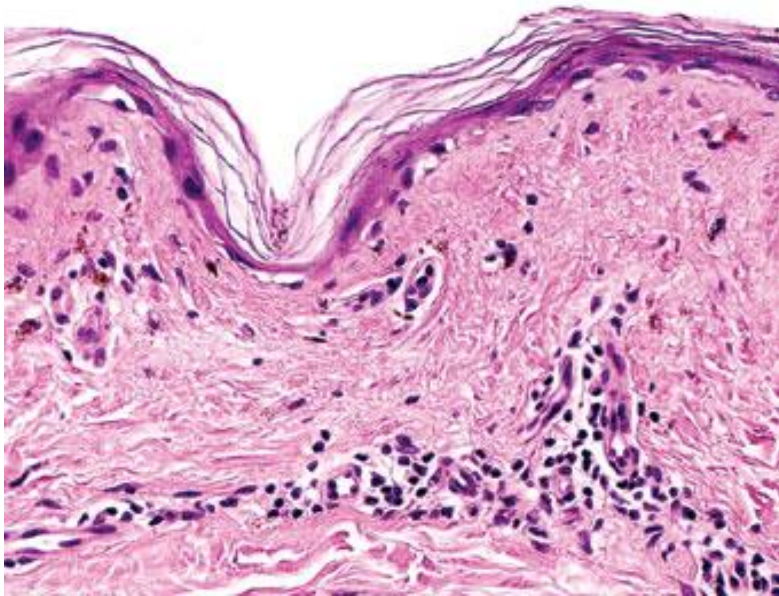
Pseudoepitheliomatous hyperplasia  
Suppurative granulomatous dermatitis

**Deep mycosis, atypical mycobacterias**



# Markedly Thinned Epidermis

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**Dermatomyositis/DLE**

**DLE**

**GVHD**

**LP, atrophic**

**LP-like keratosis**

**Porokeratosis**

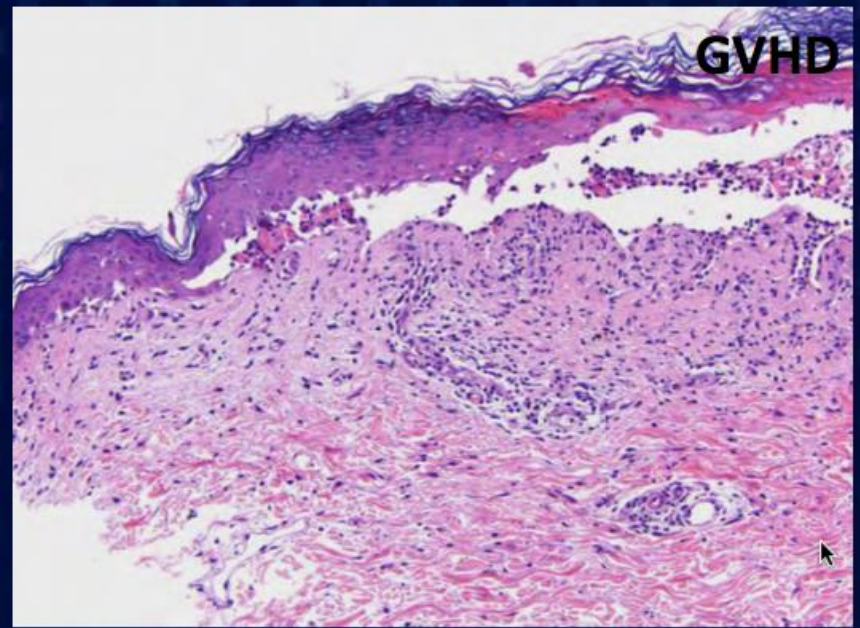
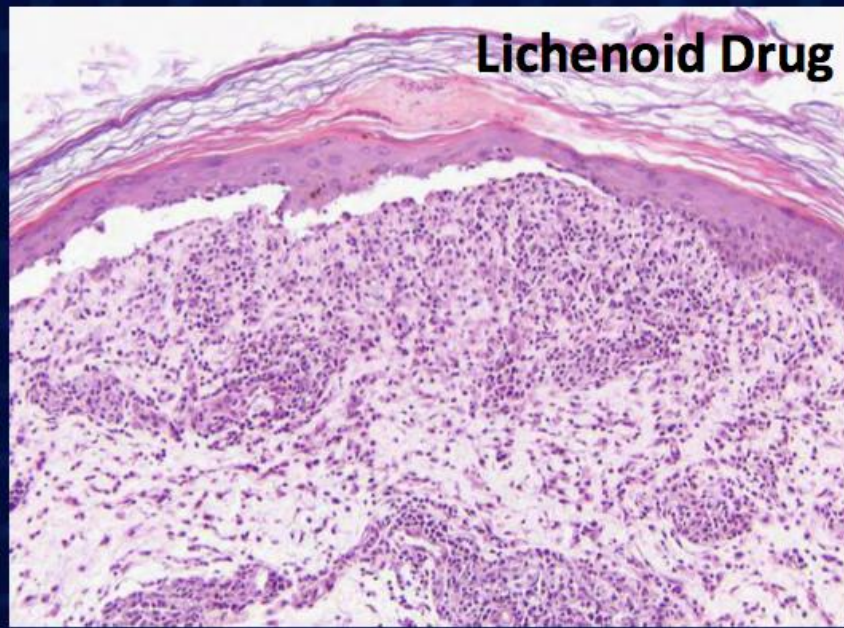
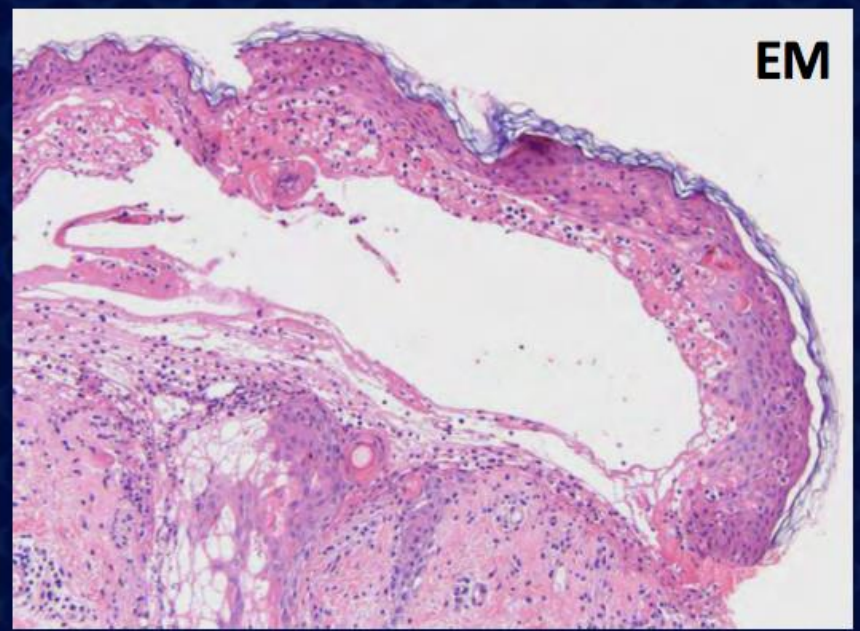
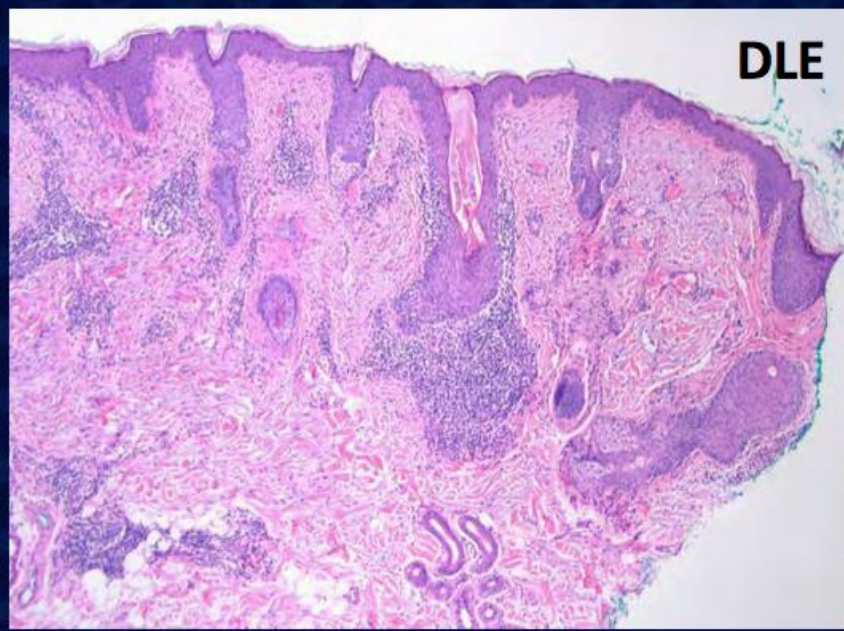
**Lichen sclerosus**

**Degos' disease**

# Interface Dermatitis

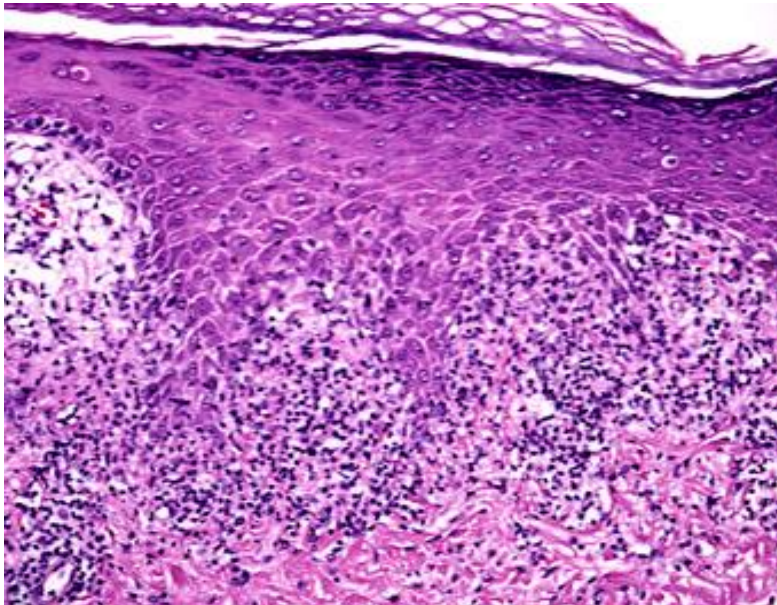
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- **Leukocyte infiltration of the dermis**
- **Vacuolar change of basilar epidermis**
- **Papillary dermal melanophages**
- **Necrosis of keratinocytes**
- **AKA: lichenoid tissue reaction pattern, vacuolar interface dermatitis**



# Lichenoid Interface Dermatitis

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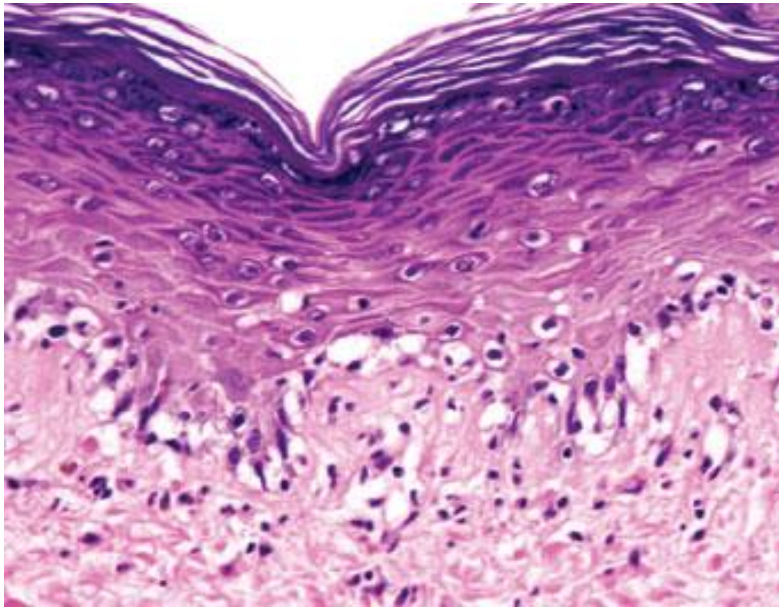
Wedge-shaped  
hypergranulosis

Lichenoid infiltrate

**Lichen planus**

# Vacuolar Interface Dermatitis

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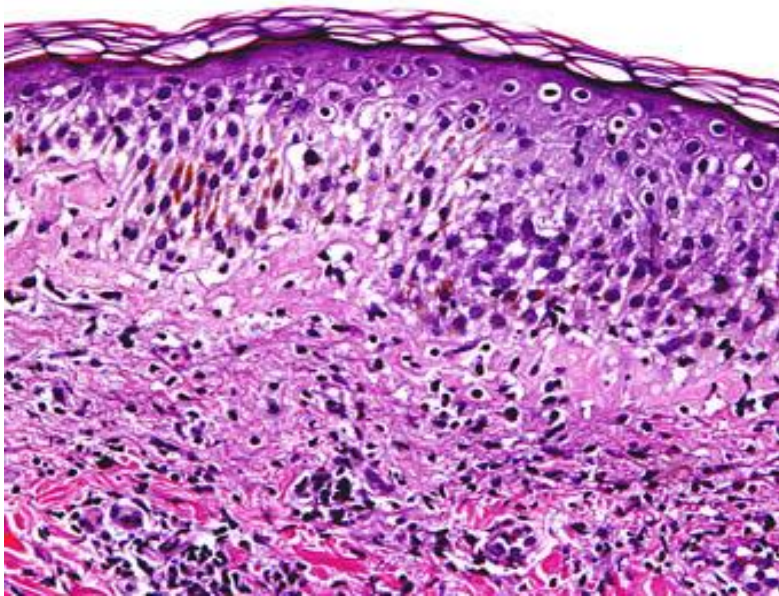


**Necrotic keratinocytes**  
**Vacuolar alteration**  
**Lichenoid inflammation**  
**Superficial perivascular**  
**lymphohistiocytic**

**Erythema Multiforme**

# Spongiotic Dermatitis

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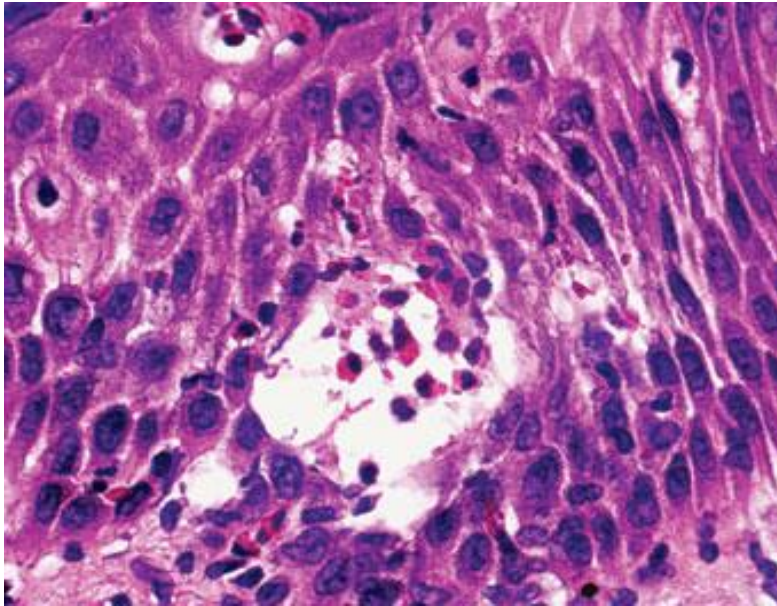


Spongiosis around  
acrosyringia

**Miliaria rubra**

# Eosinophilic Spongiosis

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**BP/HG, urticarial**

**Allergic dermatitis**

**Pemphigus vulgaris,  
urticarial**

**Arthropod assault**

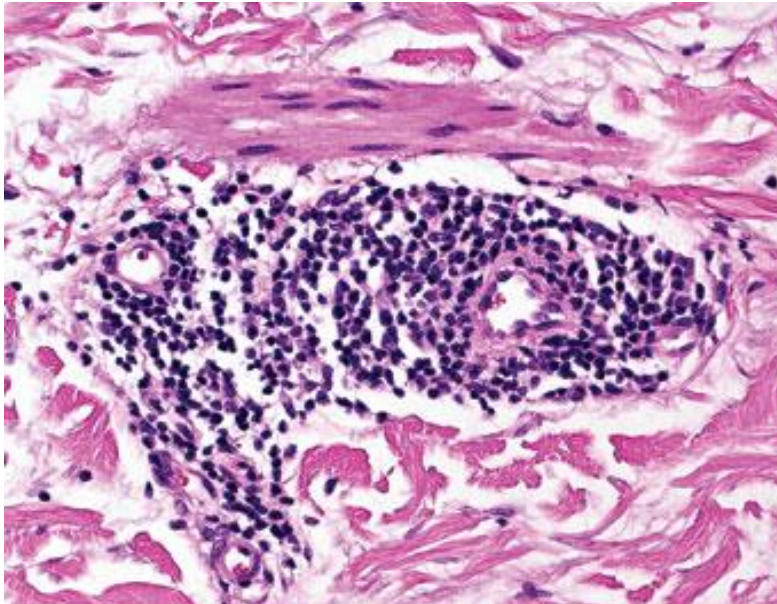
**Dermatophytosis**

**Incontinentia pigmenti,  
vesicular**

**Toxic erythema of newborn**

# Lymphocytic Infiltrate

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**DLE, tumid**

**Pernio**

**PLE**

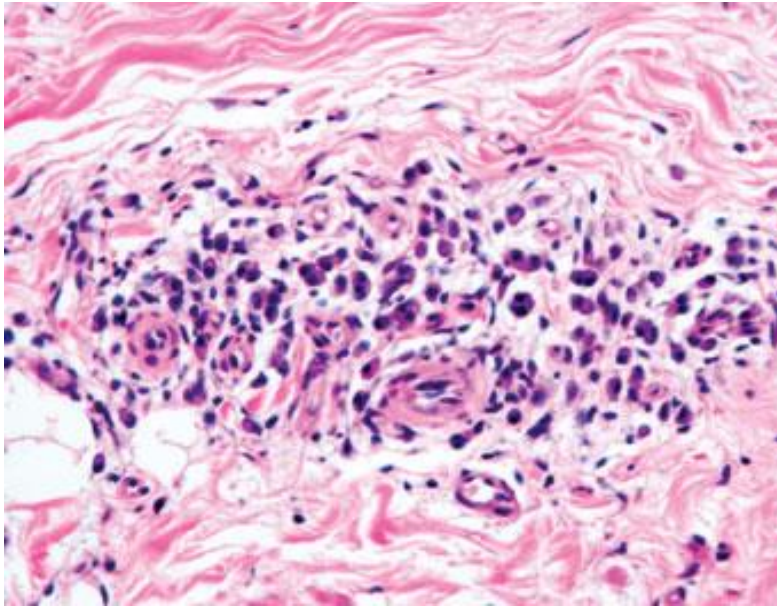
**Insect bite**

**Erythema figuratum**



# Perivascular Lymphoplasmacytic Infiltrate

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**Acrodermatitis chronica atrophicans**

**Erythema chronicum migrans**

**Secondary syphilis**

**Necrobiosis lipoidica**

**Morphea**

# Exocytosis vs. Epidermotropism

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## **EXOCYTOSIS**

Random through  
epidermis to surface

Spongiotic tissue  
reaction

Inflammatory processes

## **EPIDERMOTROPISM**

Lower third/half  
epidermis

Tendency to aggregate

No/little spongiosis

Feature of MF

# Superficial and Deep Inflammation

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Light reaction

Lymphoma

Leprosy

Lues

Lichen striatus

Lupus erythematosus

Lipoidica (necrobiosis)

Lepidoptera (+ other arthropods)

Dermatophyte

Reticular erythematous mucinosis

Urticarial stages (BP)

Gyrate erythemas

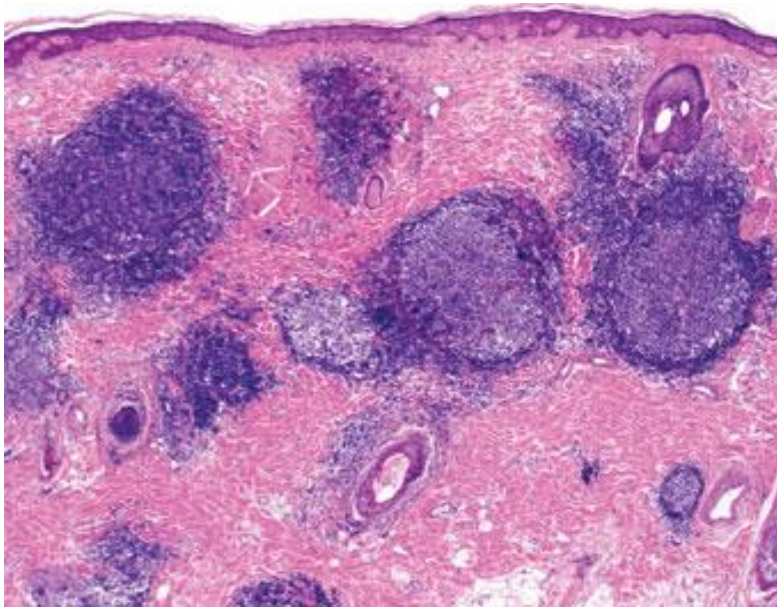
Scleroderma (localized)

Drug reactions

**8Ls + DRUGS**

# Nodular Dermatitis

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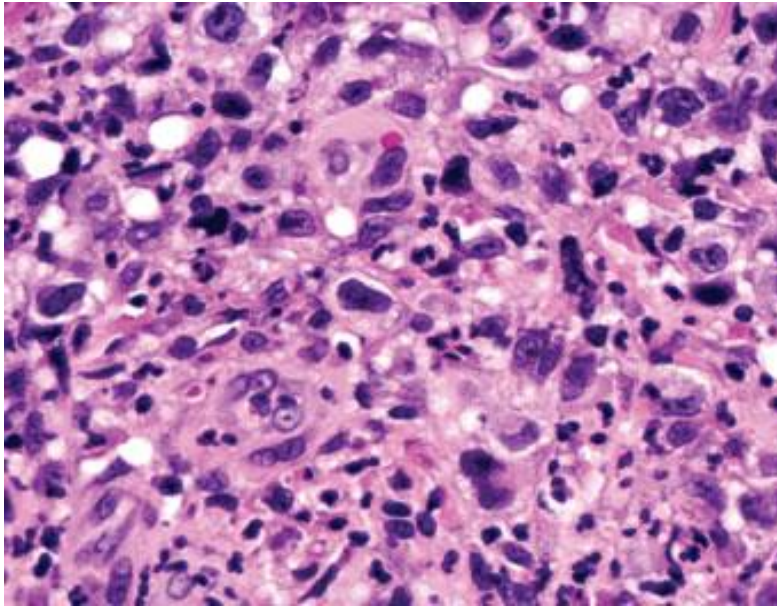


**Germinal centers in a dense nodular or diffuse infiltrate**

**Delayed hypersensitivity reaction**

# Abnormal Lymphocytes in Mixed Cell Infiltrate

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**Tick bite reaction**

**Herpesvirus**

**Dermatophytosis**

**Ruptured molluscum**

**Kikuchi's disease**

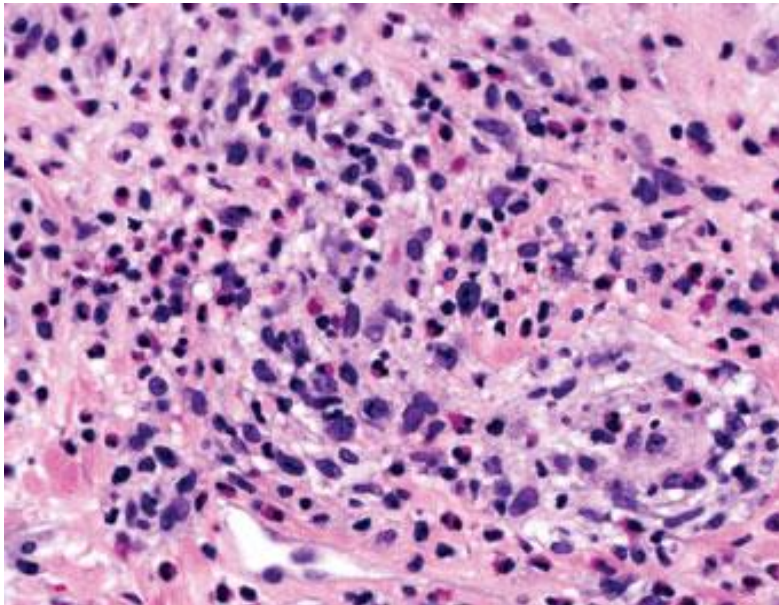
**Gianotti-Crosti**

**Lymphomatoid papulosis**

**MF**

# Dense Mixed Inflammation

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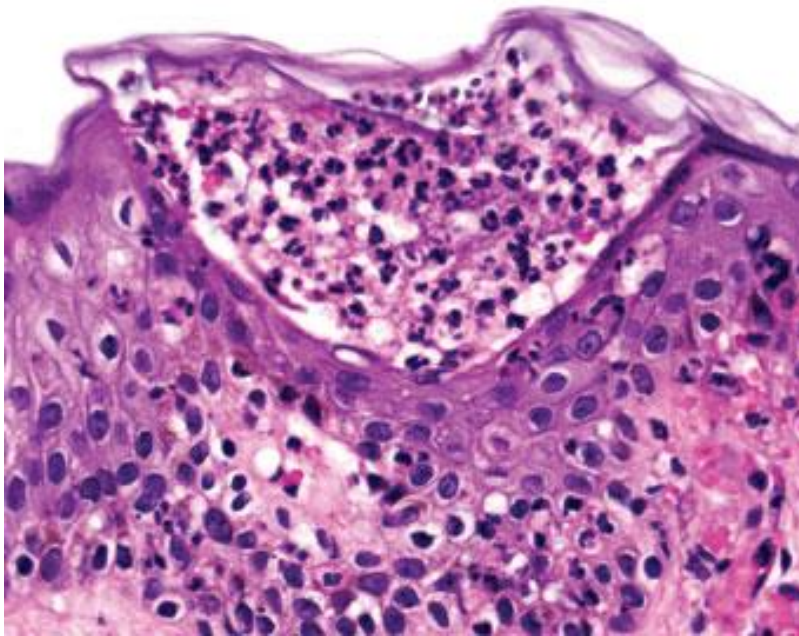
**Granuloma faciale /  
Erythema elevatum  
diutinum**

**Nodular scabies**

**Tick bite reaction**

# Subcorneal Pustule

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**Dermatophytosis**

**Candidiasis**

**Impetigo**

**Suppurative  
infundibulitis**

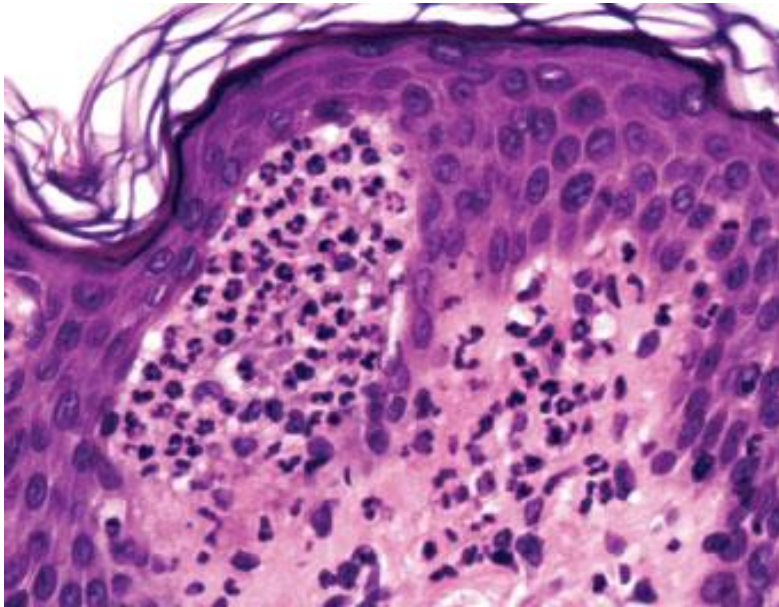
**Pemphigus foliaceus**

**Pustular psoriasis**

**Prurigo pigmentosa**

# Papillary Micro-abscesses

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**DH / linear IgA  
dermatitis, drug  
eruptions**

**Acquired EB**

**DLE**

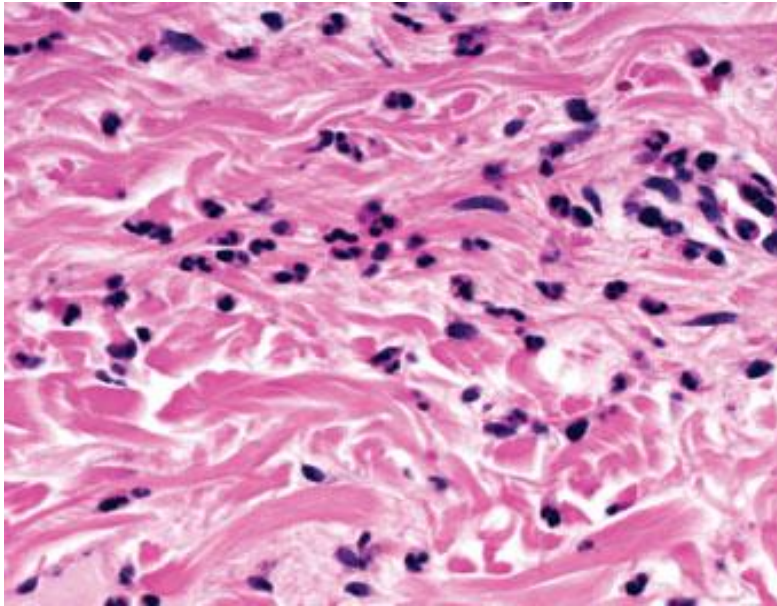
**Bullous LE**

**LCC vasculitis**



# Interstitial Neutrophils in Reticular Dermis

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**Urticaria**

**Cutis laxa**

**DH / linear IgA dermatitis**

**Bullous LE**

**Fixed drug eruption**

**Cellulitis**

**Flea bite**

**Pustular infundibular dermatitis**

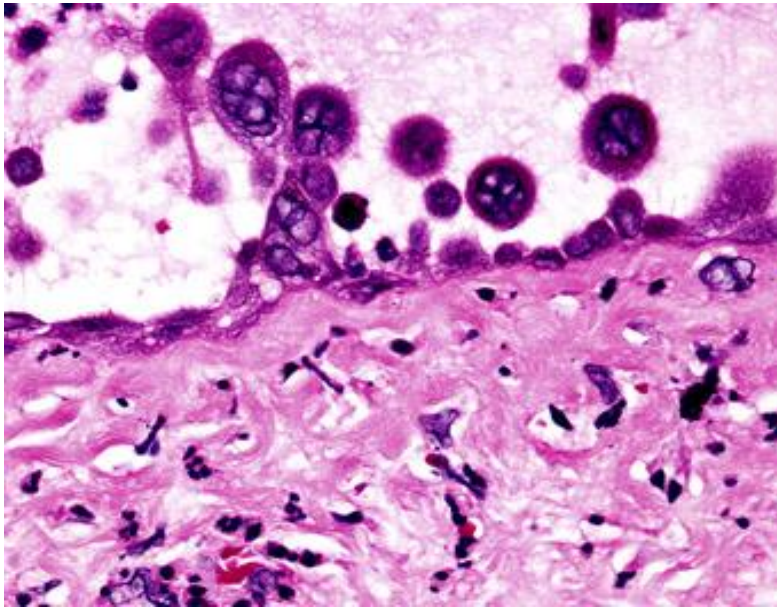
**LCC vasculitis**

**Sweet's / PG**

**Lymphomatoid papulosis**

# Cytopathic Dermatitis

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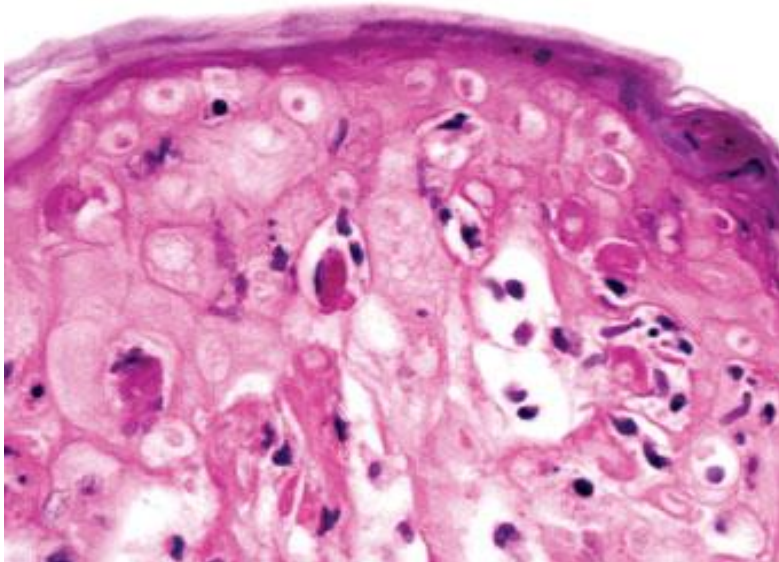


Acantholytic separation  
Multinucleated  
epithelial giant cells

**Herpesvirus infections**

# Ballooning

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**EM**

**Fixed drug eruption**

**Mucha-Haberman**

**Prurigo pigmentosa**

**Hand-foot-mouth disease**

**Herpesvirus**

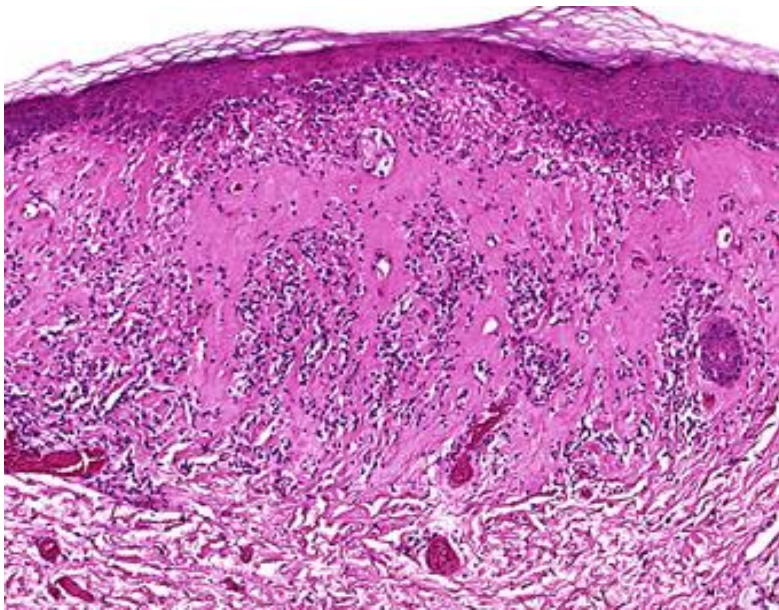
**Milker's nodule/orf**

**Irritant contact dermatitis**

**Burn**

# Fibrosing Dermatitis

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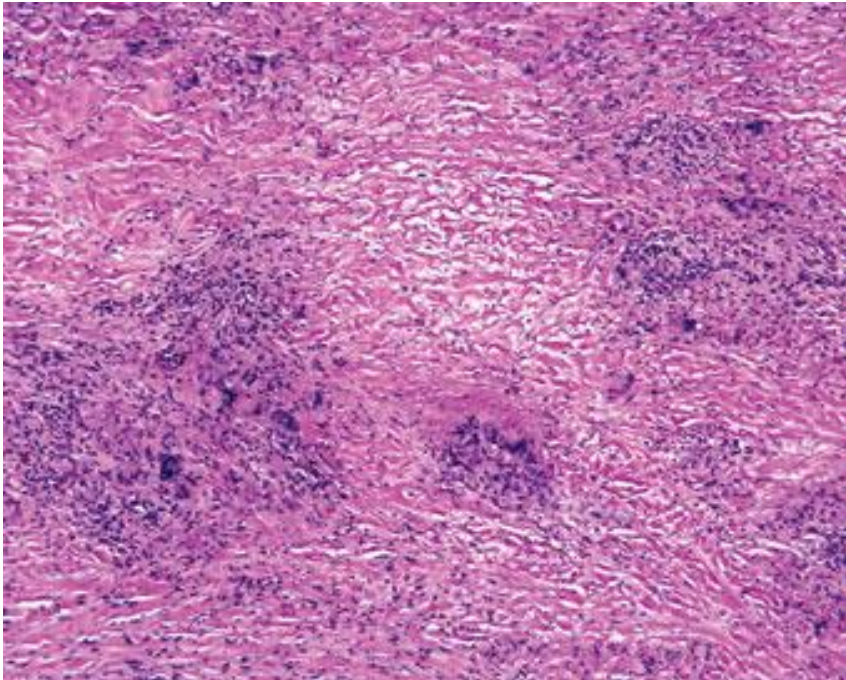


**Thinned epidermis**  
**Thickened edematous / sclerotic papillary dermis**  
**Underlying mononuclear infiltrate**

**Lichen sclerosus**

# Fibrosing Dermatitis

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Decreased number of adnexal structures

**Fibrosing inflammatory of neoplastic conditions**

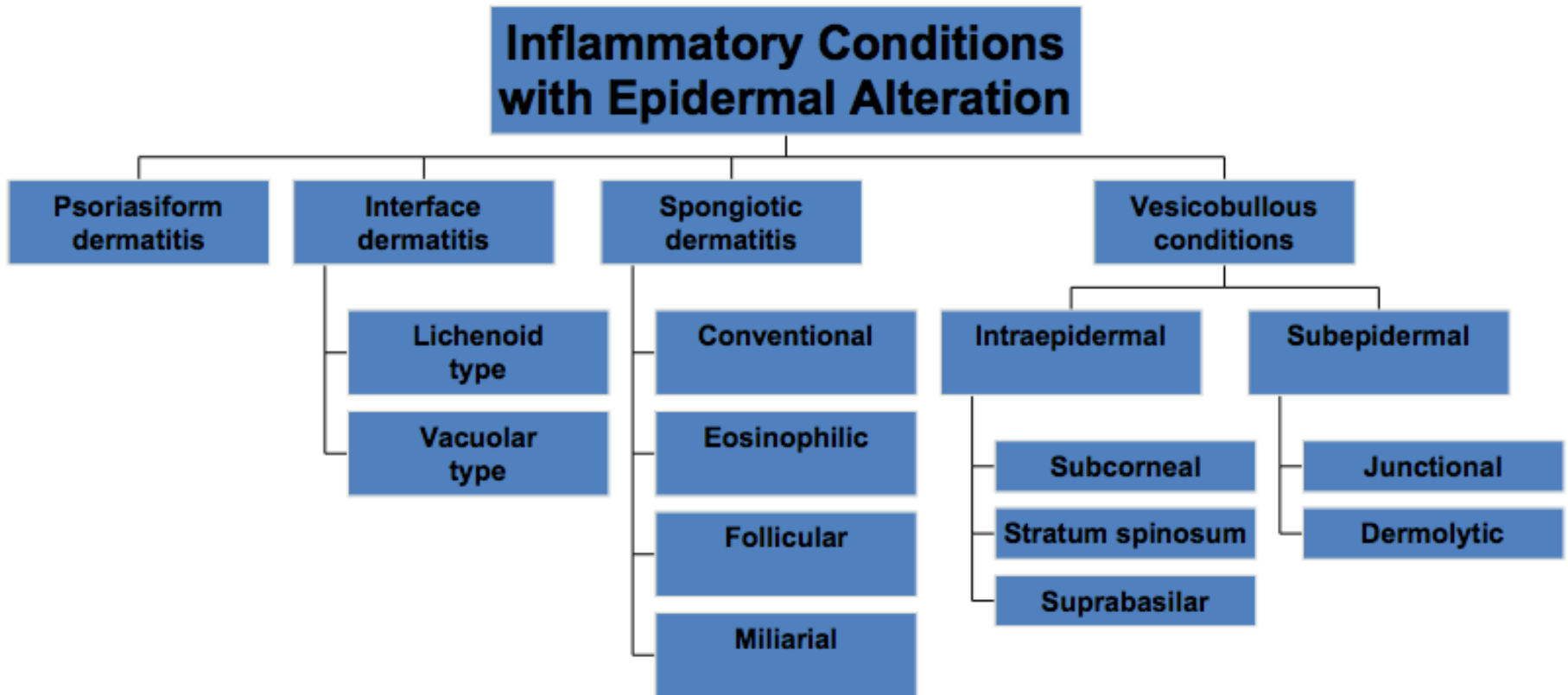
# Elements of Pattern Recognition

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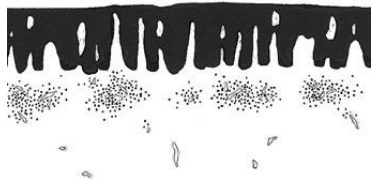
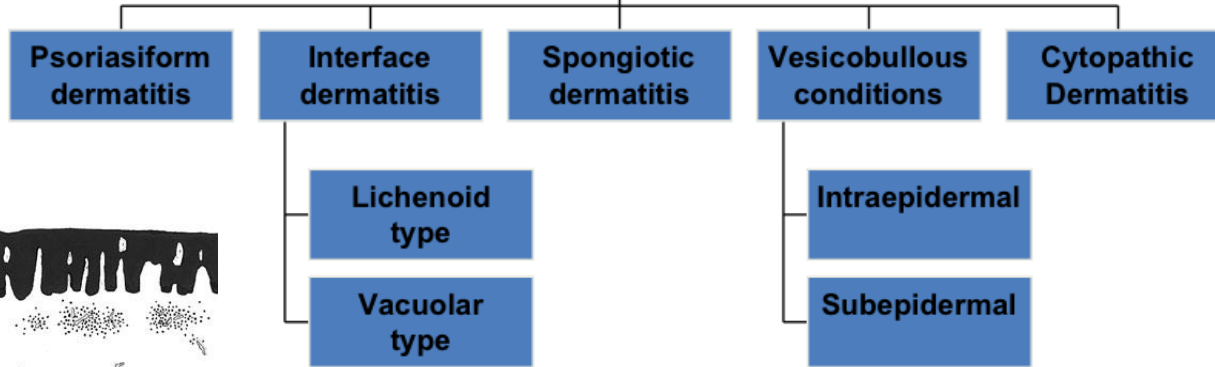
- **With/without epidermal changes**
  - Spongiotic, interface, hyperplastic, atrophic
- **Distribution of inflammatory infiltrate**
  - Topography – Superficial vs. superficial & deep
  - Microanatomy – Perivascular, interstitial, nodular, diffuse
- **Type of inflammatory infiltrate**
  - Mononuclear – Lymphocytes ± histiocytes
  - Mixed – Mono- and polymorphonuclear
  - Polymorphonuclear ± eosinophils

# Approach to Microscopic Diagnosis

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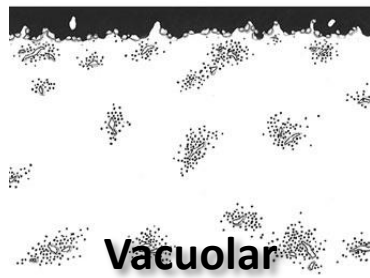
# Inflammatory Conditions with Epidermal Alteration



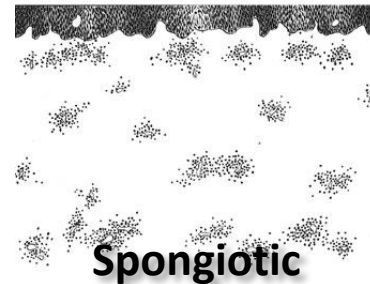
**Psoriasiform dermatitis**



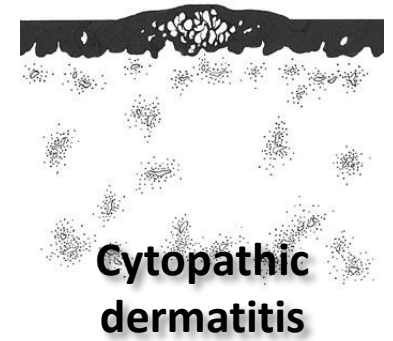
**Lichenoid dermatitis**



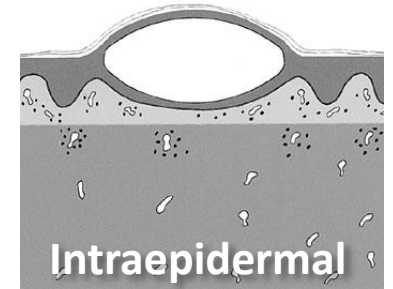
**Vacuolar dermatitis**



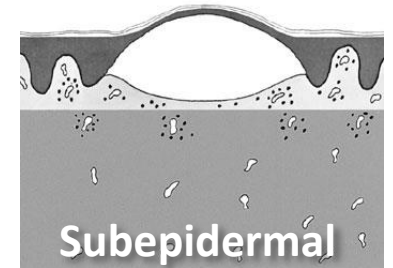
**Spongiotic dermatitis**



**Cytopathic dermatitis**

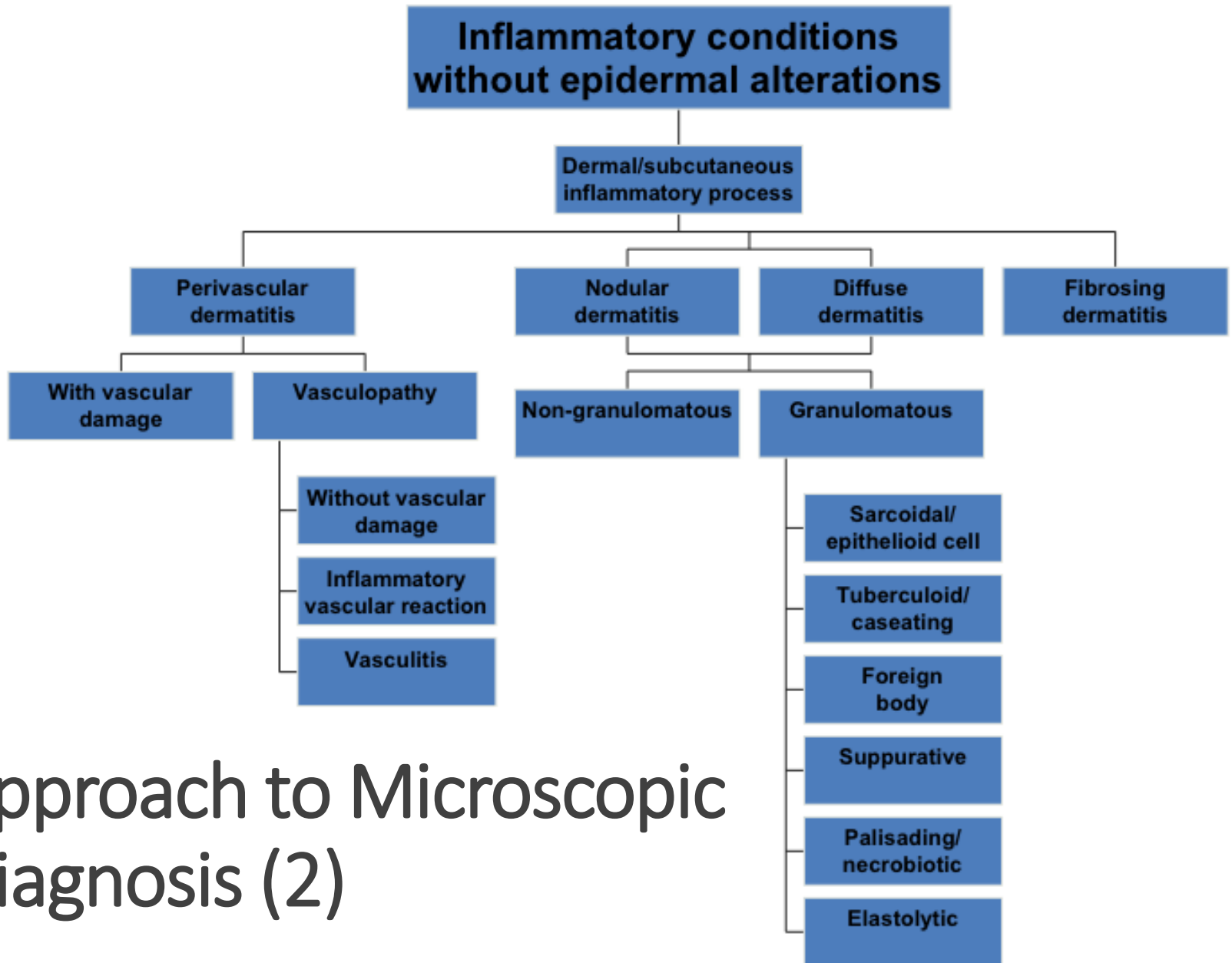


**Intraepidermal bullous dermatitis**



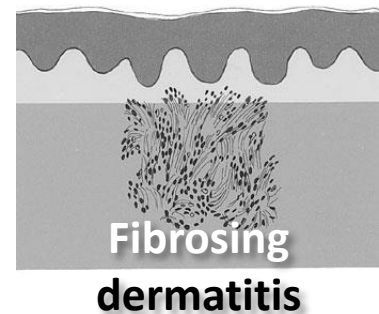
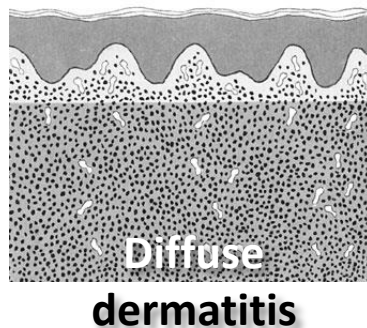
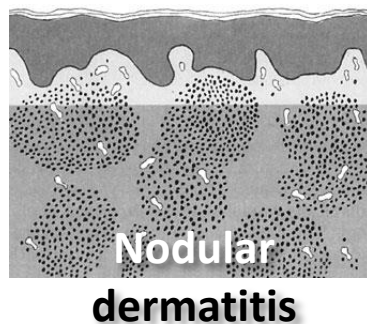
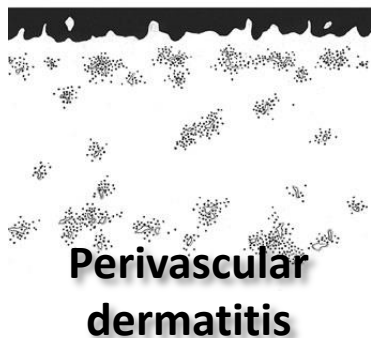
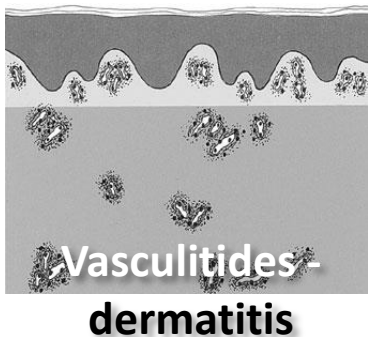
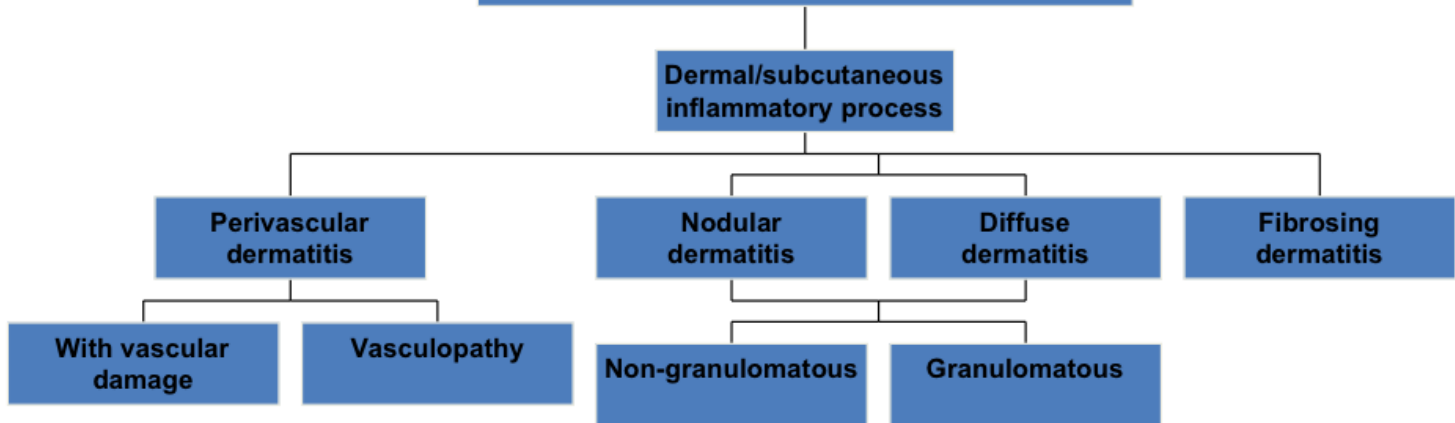
**Subepidermal bullous dermatitis**





## Approach to Microscopic Diagnosis (2)

# Inflammatory conditions without epidermal alterations



# Lesions by Topography

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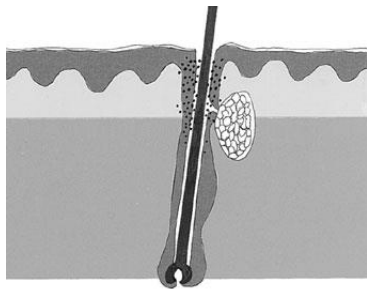
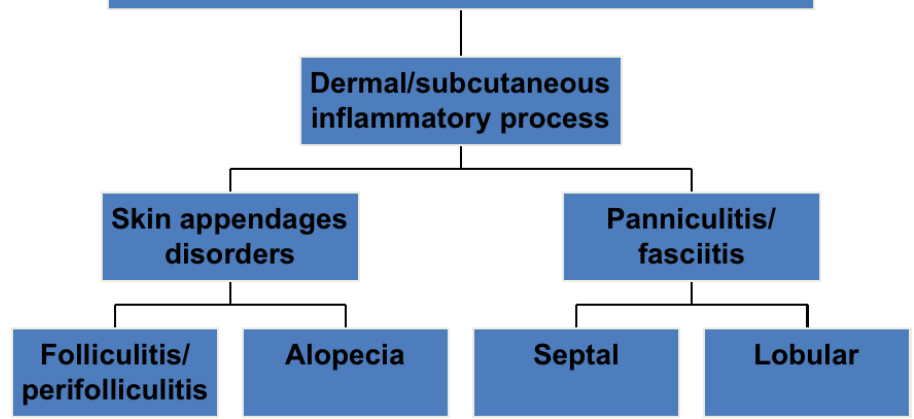
## **Adnexal structures**

- **Folliculitis and perifolliculitis**
- **Follicular lesions with alopecia**

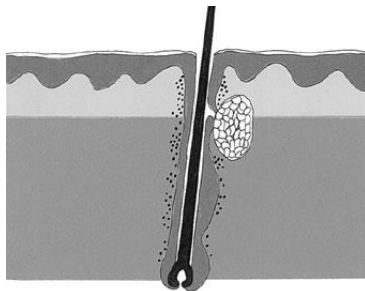
## **Subcutaneous soft tissue**

- **Panniculitis**

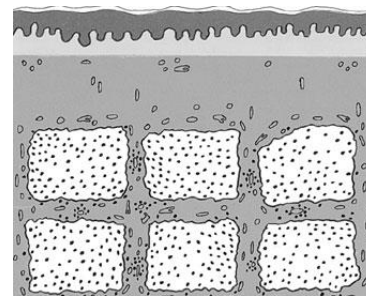
# Inflammatory conditions without epidermal alterations



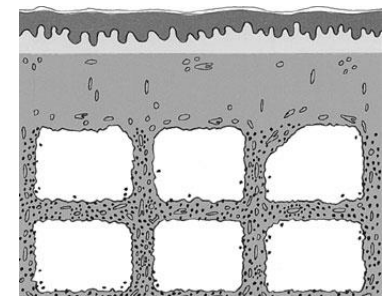
Folliculitis



Perifolliculitis



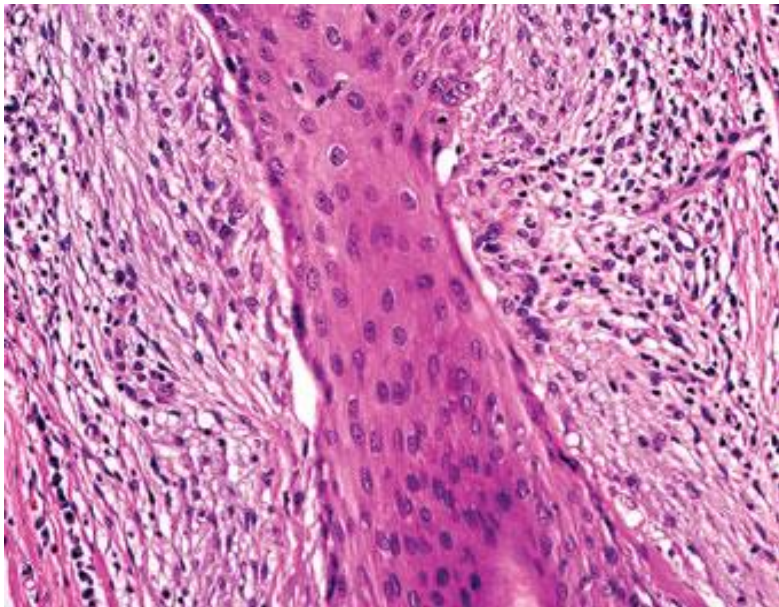
Lobular panniculitis



Septal panniculitis

# Perifolliculitis

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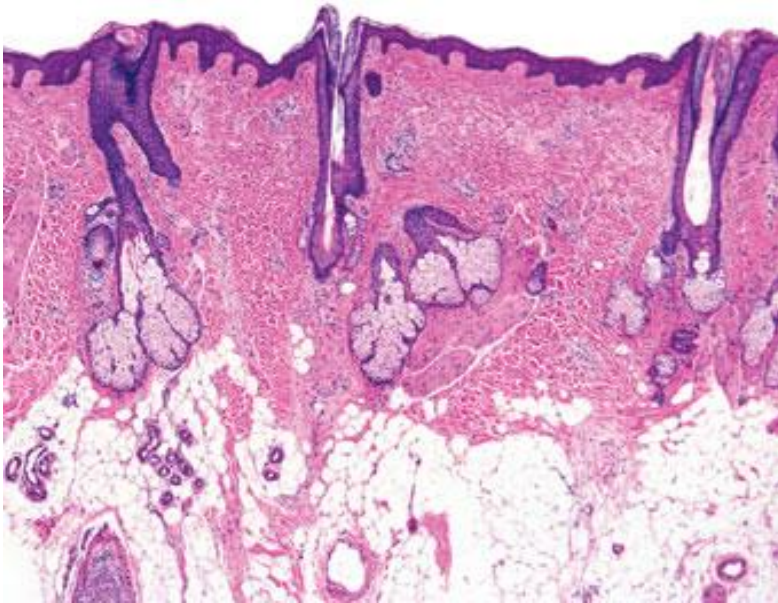


Peri-infundibular and  
perifollicular fibroplasia

**Long-standing perifolliculitis  
(traction alopecia, LPP)**

# Non-scarring Alopecia

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Catagen or telogen  
follicles

NO inflammatory  
infiltrate

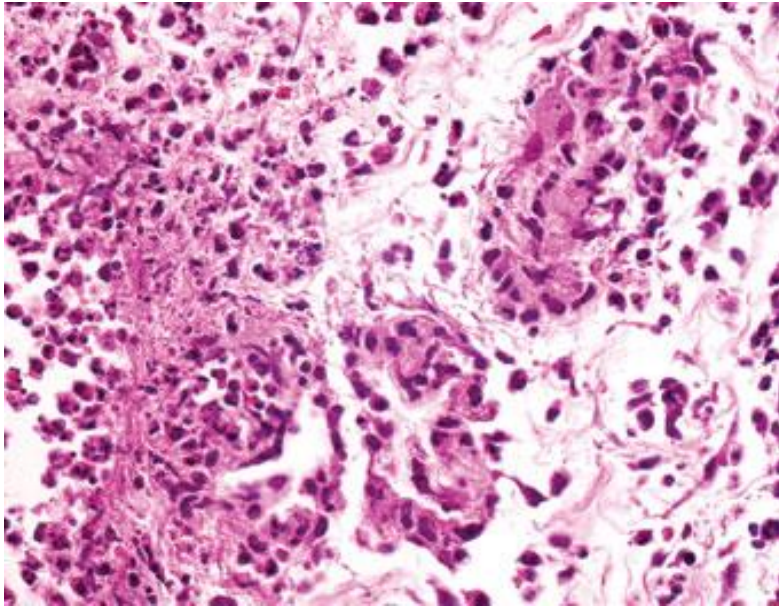
Other findings:

- Plucked hair
- All telogen hairs

**Common baldness, telogen  
effluvium, trichotillomania**

# Mostly Septal Panniculitis

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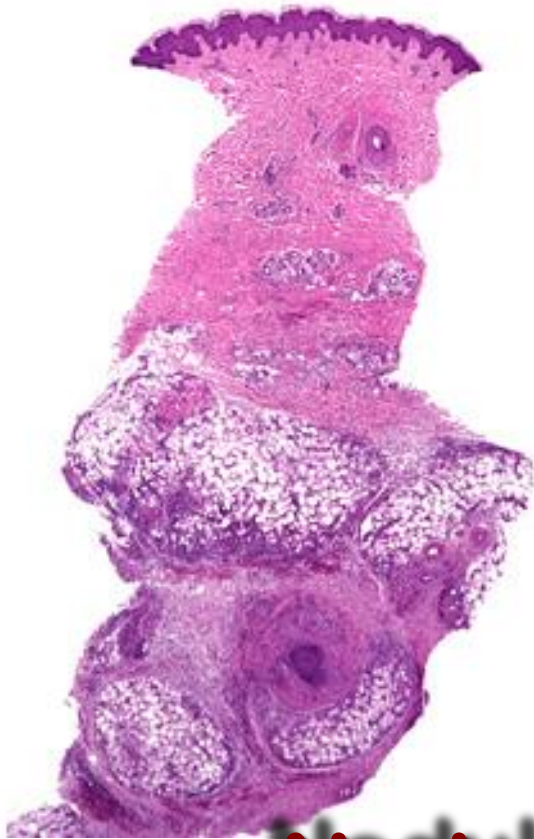
## Miescher's radial granuloma

- Linear spaces containing lipids
- Tiny collections of neutrophils
- Palisading histiocytes

**Erythema nodosum**

# Mostly Lobular Panniculitis

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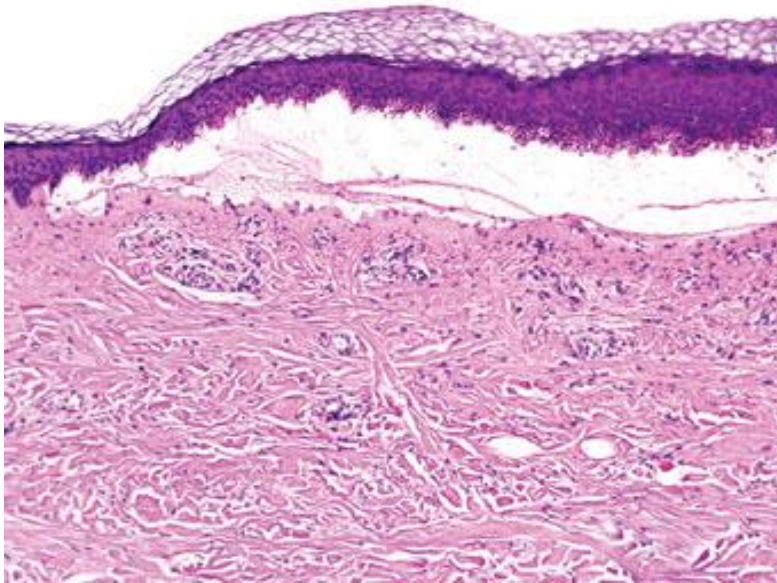
Arteritis  
Fat necrosis  
Suppuration  
Granulomas  
Fibrosis

**Nodular vasculitis**



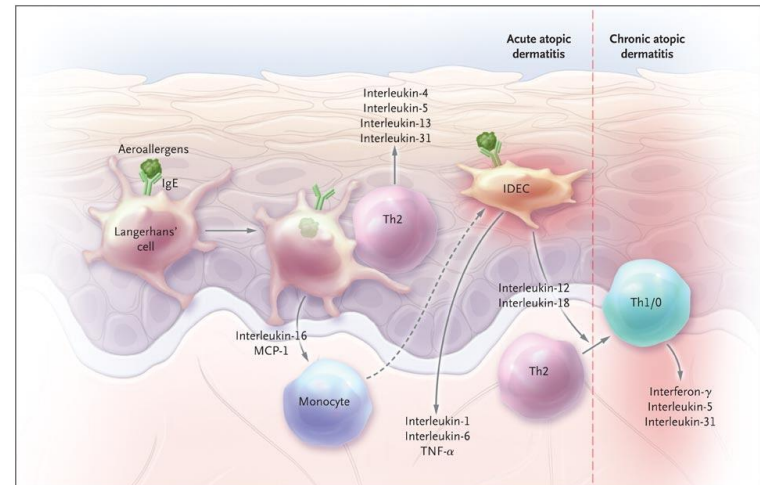
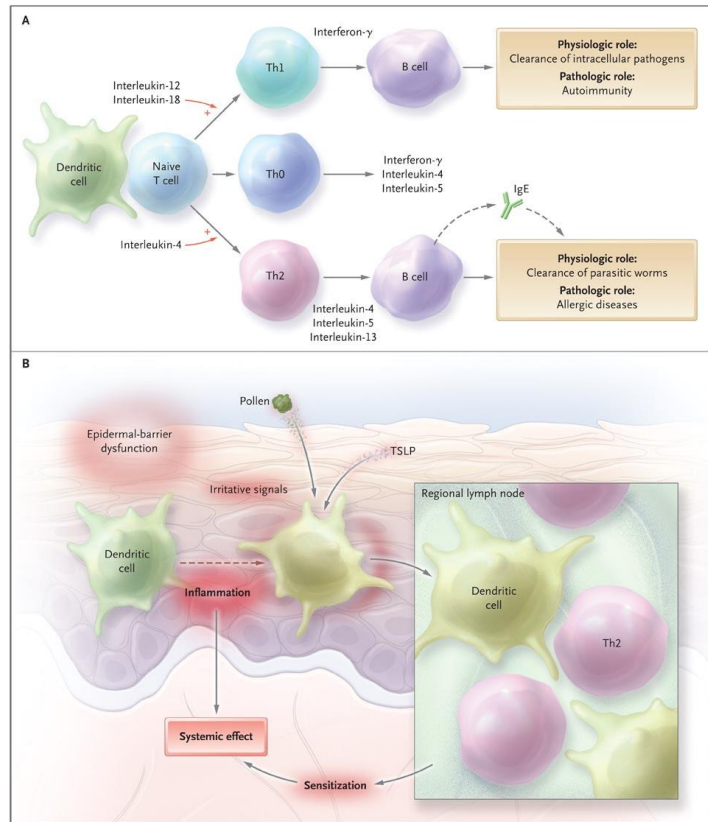
# “Cell-Poor” Subepidermal Blister

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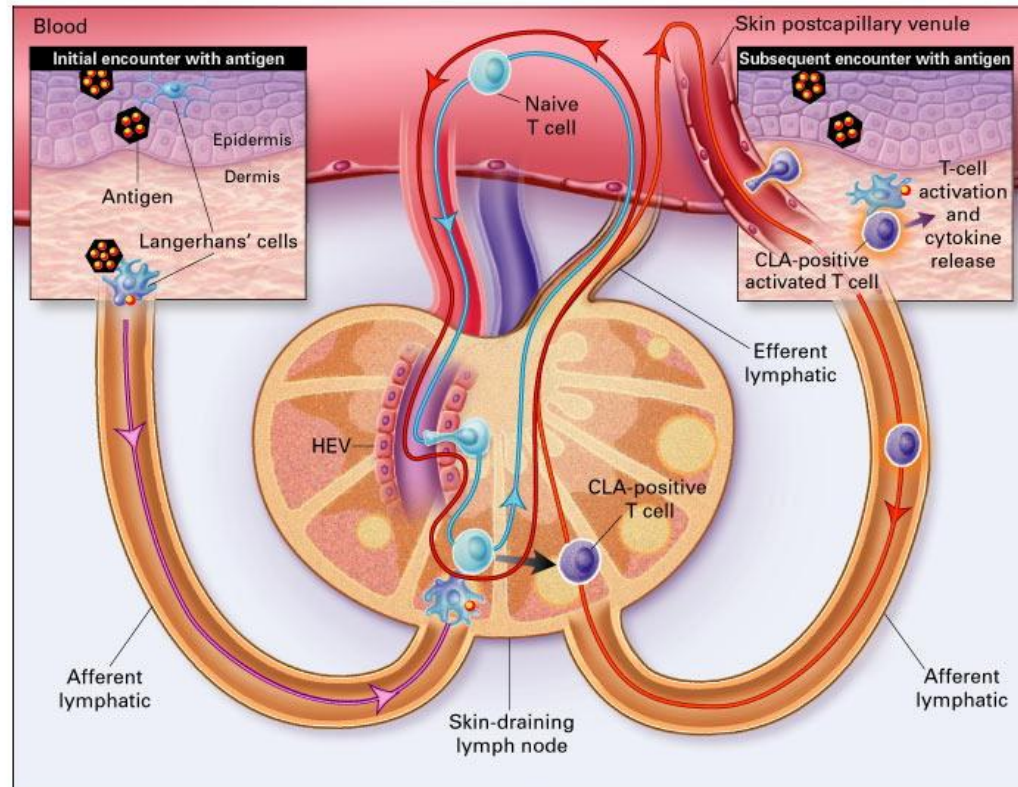


**Suction blister**  
**Gas gangrene**  
**Porphyria cutanea tarda**  
**Bullous dermatosis of hemodialysis**  
**Bullous amyloid**  
**Blister above scar**  
**Hypoxemia blister**  
**Electric current**  
**Second-degree burn**  
**Bullous pemphigoid**  
**EB**  
**Darier’s disease, systematized**  
**epidermal nevus**  
**Grover’s disease**  
**Porokeratosis**  
**Solar keratosis**

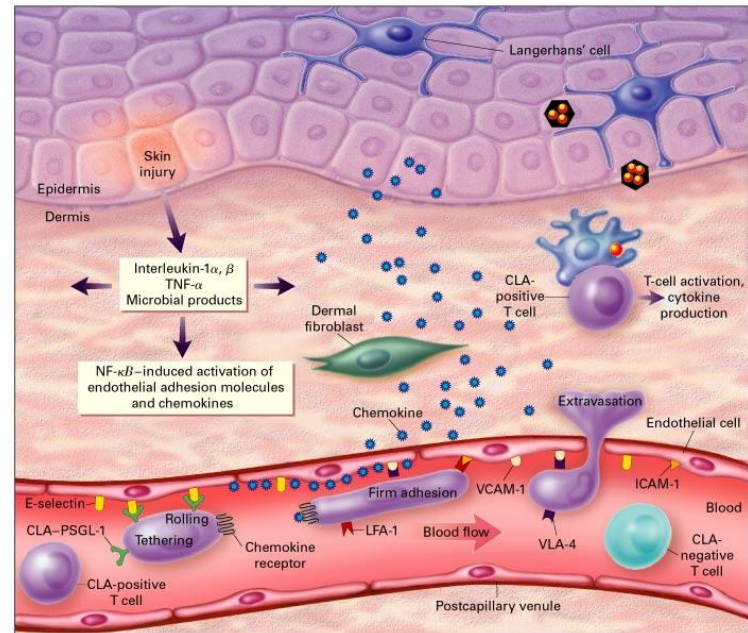
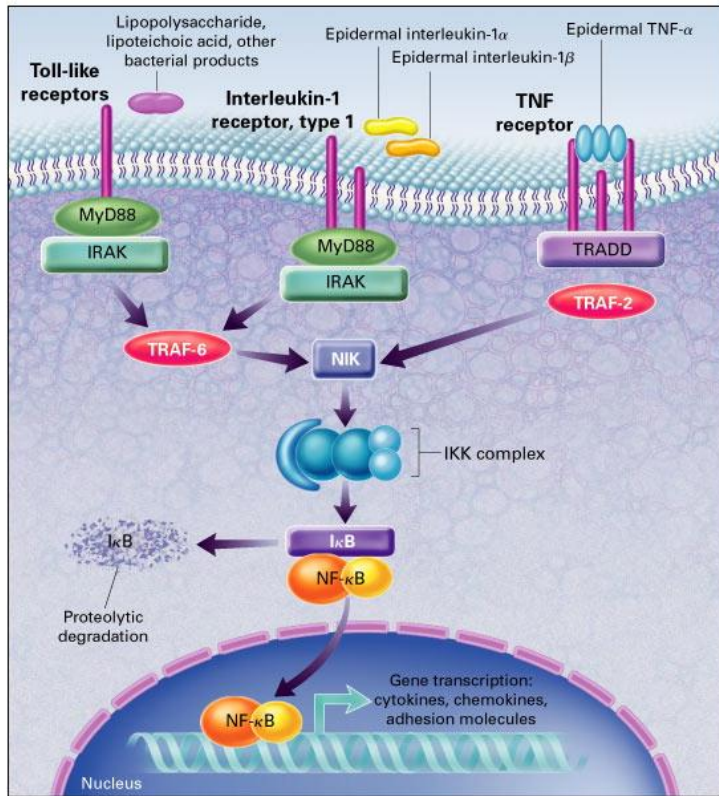
# Antigen Presentation, Inflammation & Hypersensitivity

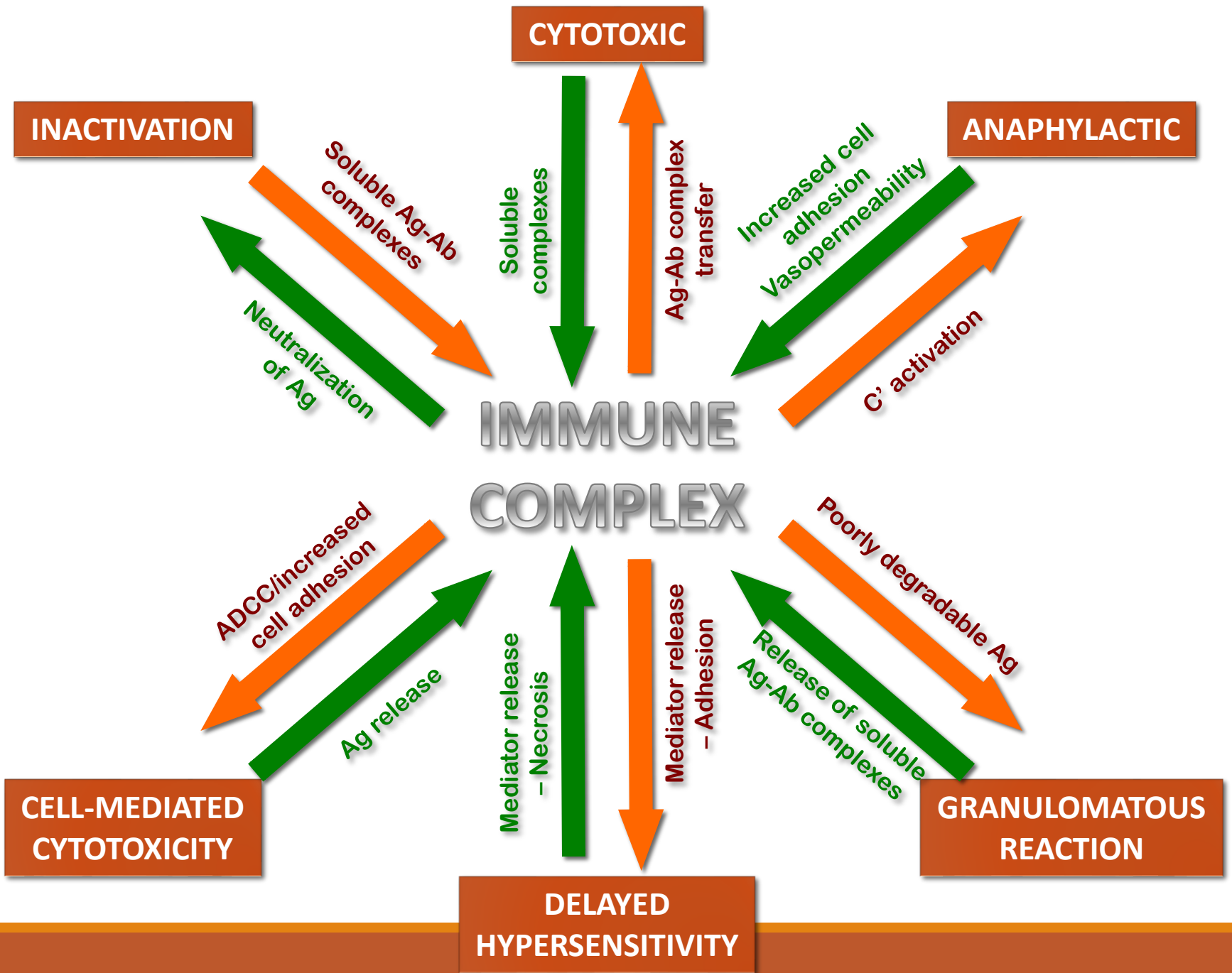


# Antigen Processing



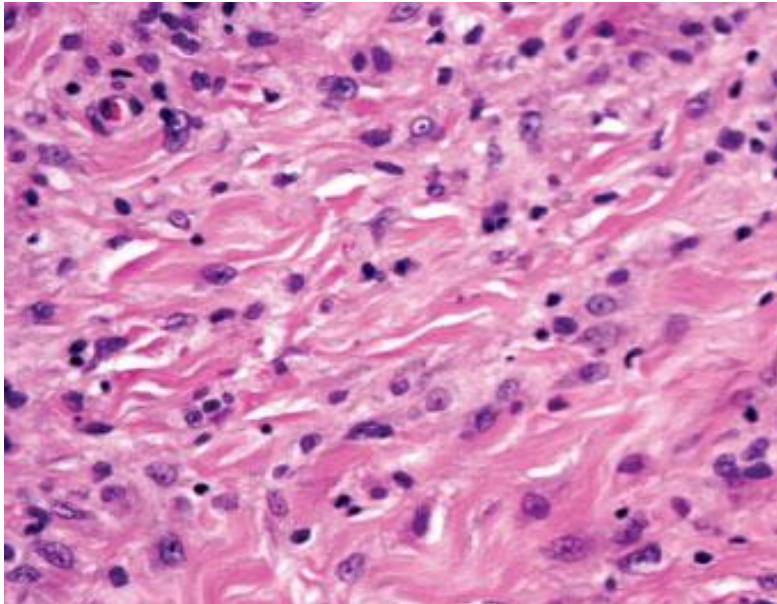
# Inflammatory and Cellular Response after Injury





# Interstitial Granulomatous Infiltrate

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**Granuloma annulare**

**Dermatofibroma**

**Interstitial granulomatous dermatitis**

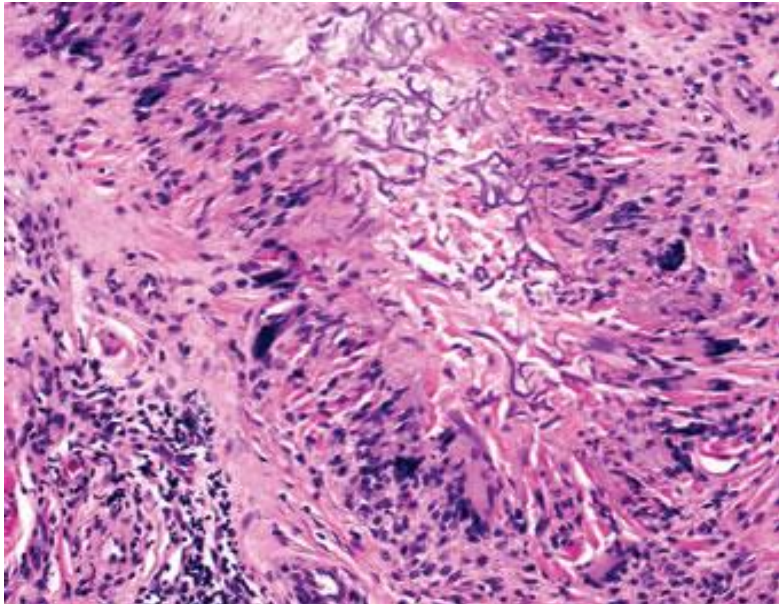
**Necrobiosis lipoidica**

**MF, interstitial type**

**MF (granulomatous slack skin)**

# Palisaded Granuloma

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**Granuloma annulare**

**Gout**

**Rheumatoid nodule**

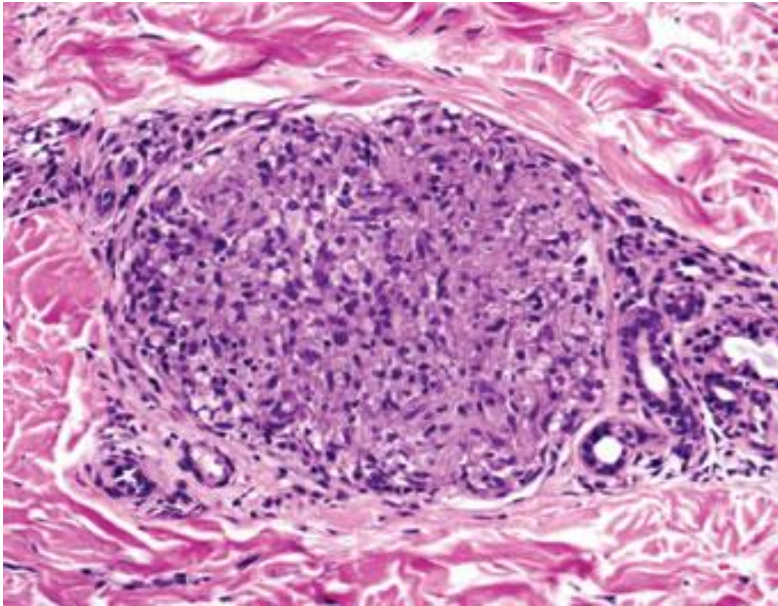
**Interstitial granulomatous  
dermatitis**

**Necrobiosis lipoidica**

**Necrobiotic  
xanthogranuloma**

# Sarcoidal granulomas

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## Sarcoidal granulomatous pattern

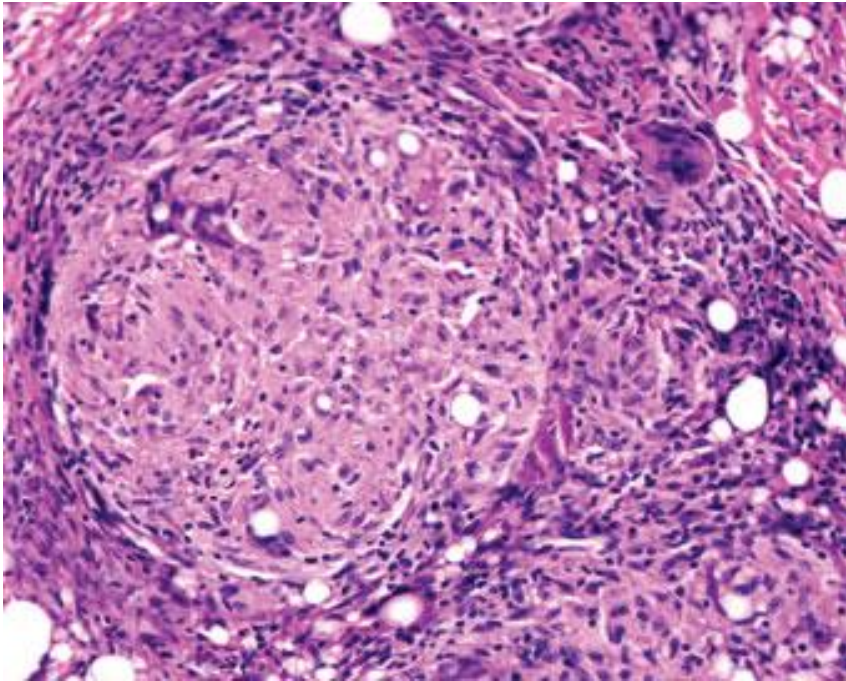
- Cohesive epithelioid histiocytes
- Few or no lymphocytes

**Sarcoidosis, hallogenoderm**



# Tuberculoid granulomas

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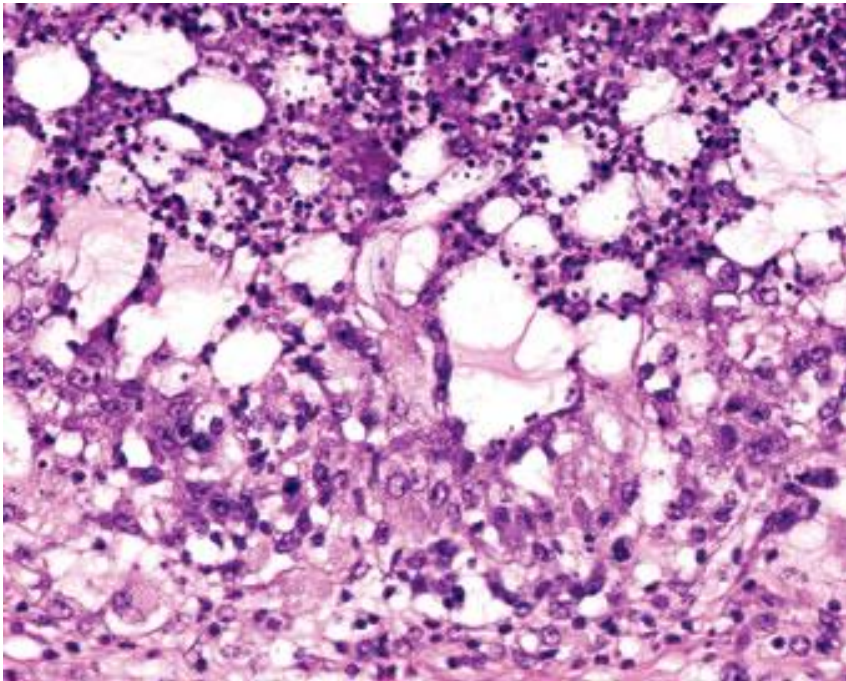
## Tuberculoid granulomatous pattern

- Collections of epithelioid histiocytes
- Lymphocytes and plasma cells

**Mycobacterial infections,  
leishmania, subcutaneous sarcoid**

# Suppurative granulomas

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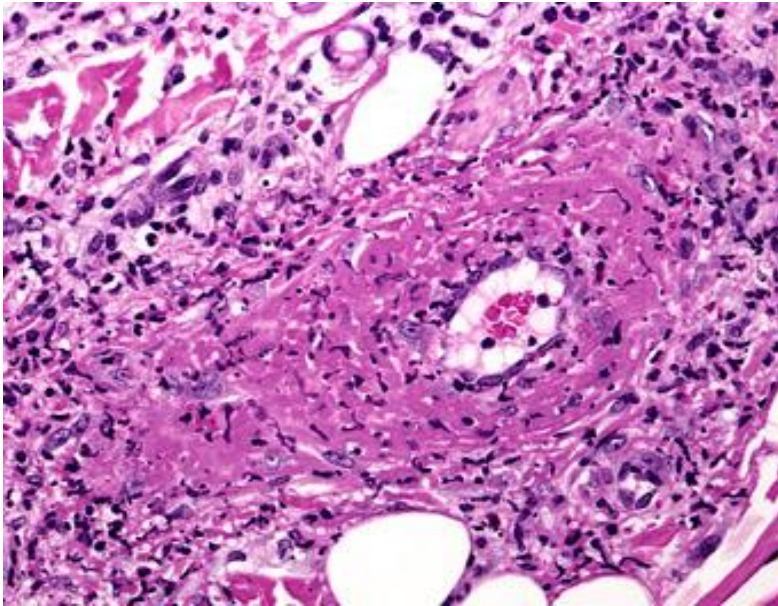
## Suppurative granulomatous inflammation

- Neutrophils and necrotic debris
- Histiocytes
- Few or no lymphocytes

**Rupture infundibular cyst,  
sporotrichosis, dermatophytes**

# Vasculitis

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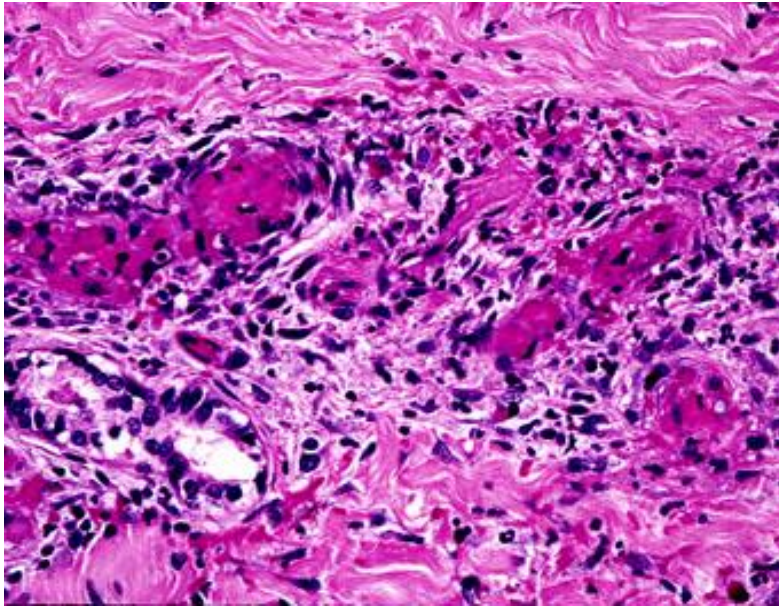


**Neutrophils, nuclear dust and fibrin in small blood vessel walls**

**Leukocytoclastic vasculitis**

# Vasculitis

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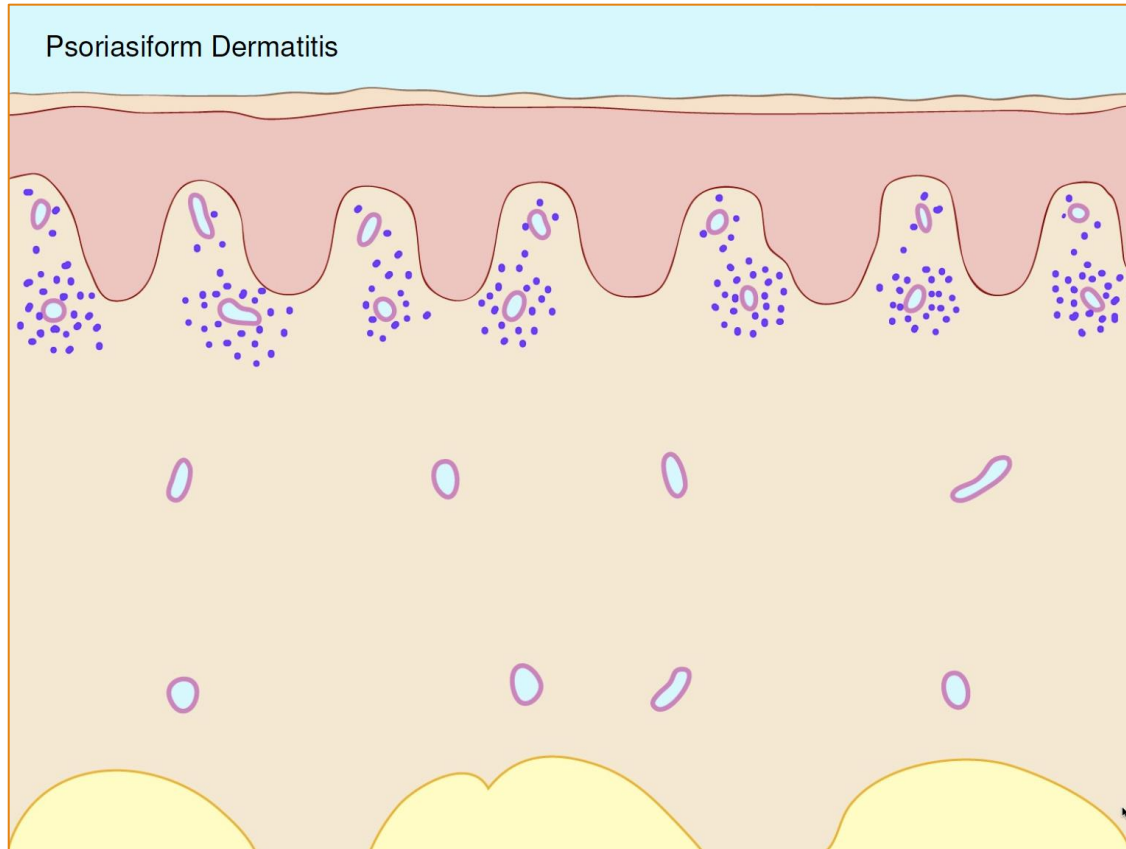


**Neutrophils, nuclear  
dust and fibrin in small  
blood vessel walls  
Thrombi within their  
lumina**

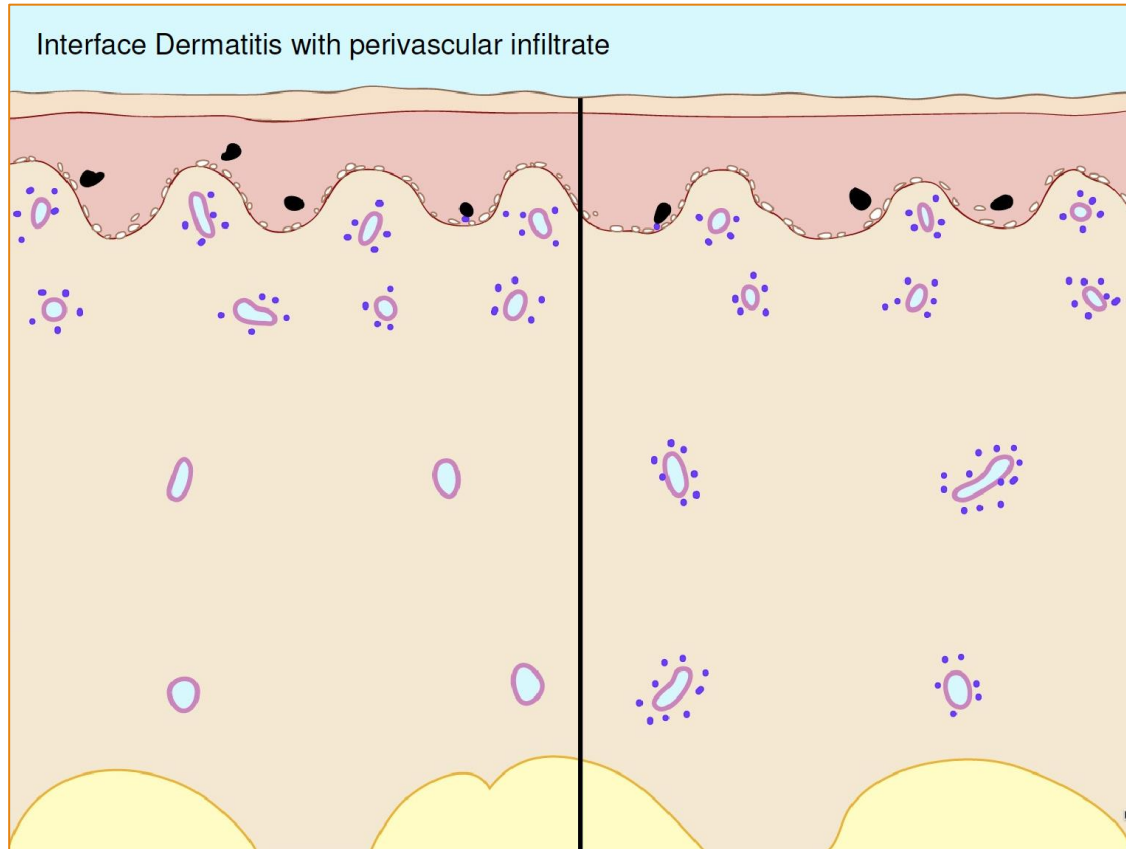
**Septic vasculitis**

# Psoriasiform Dermatitis

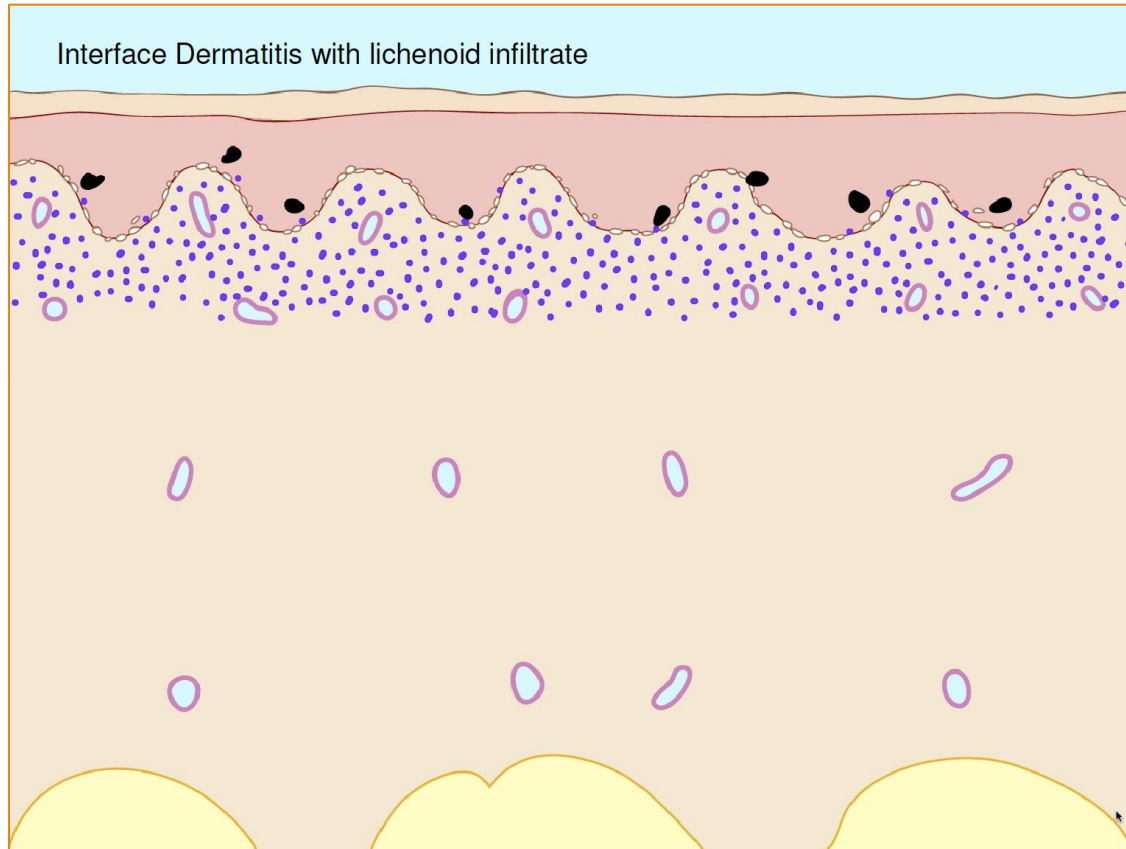
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# Vacuolar Interface Dermatitis

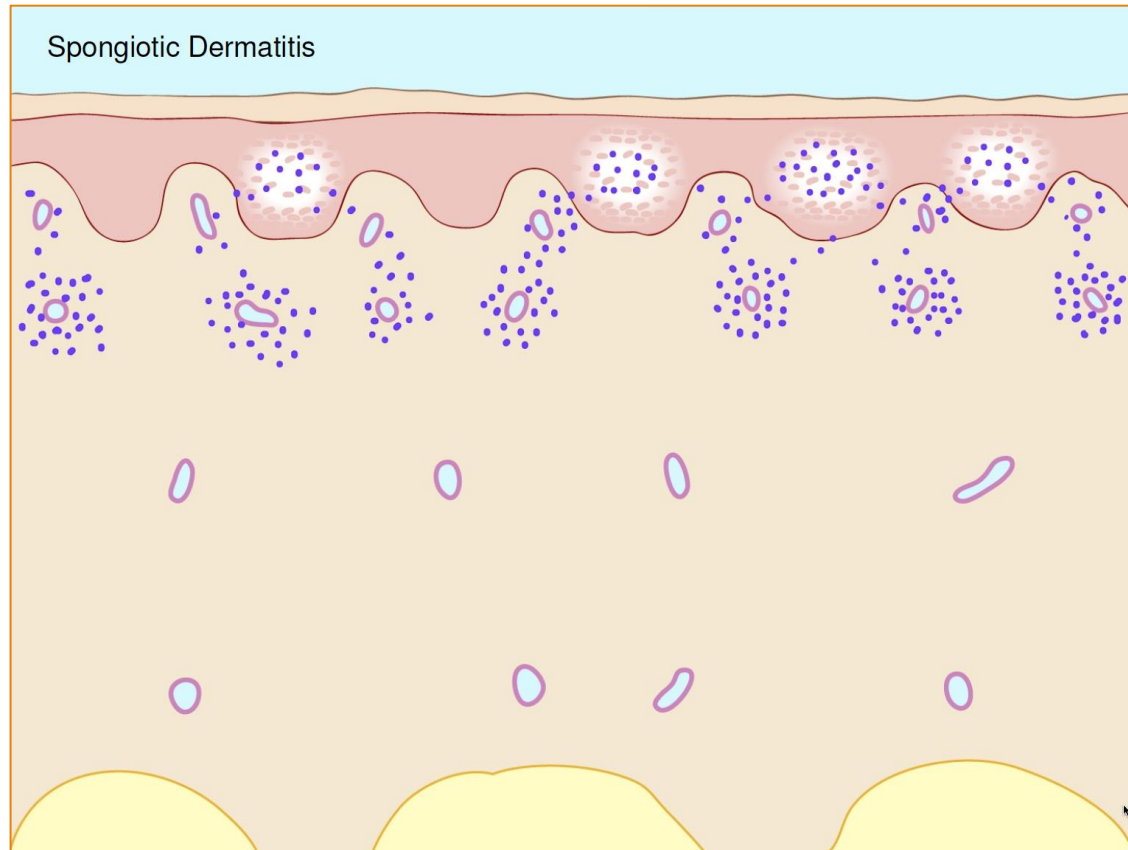


# Lichenoid Interface Dermatitis



# Spongiotic Dermatitis

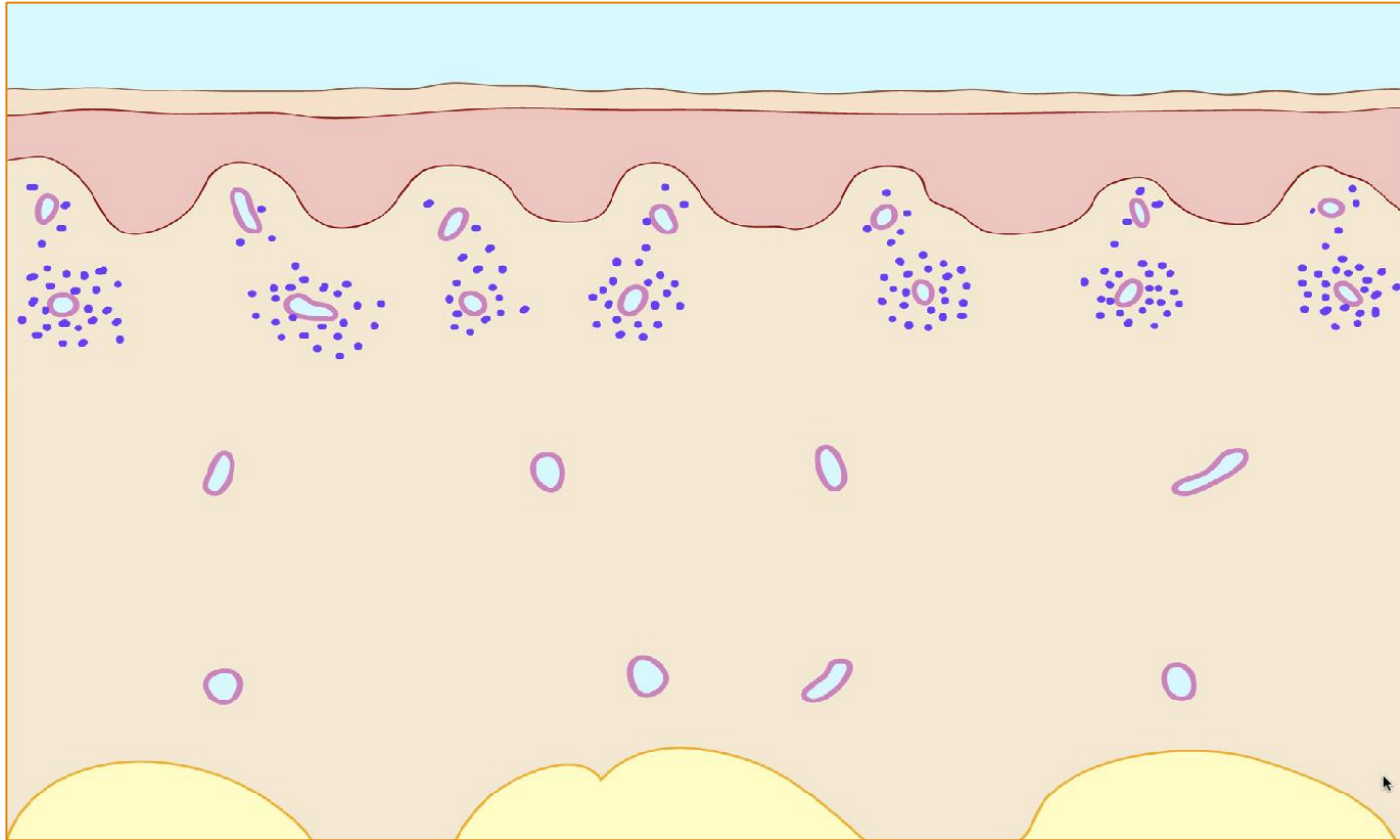
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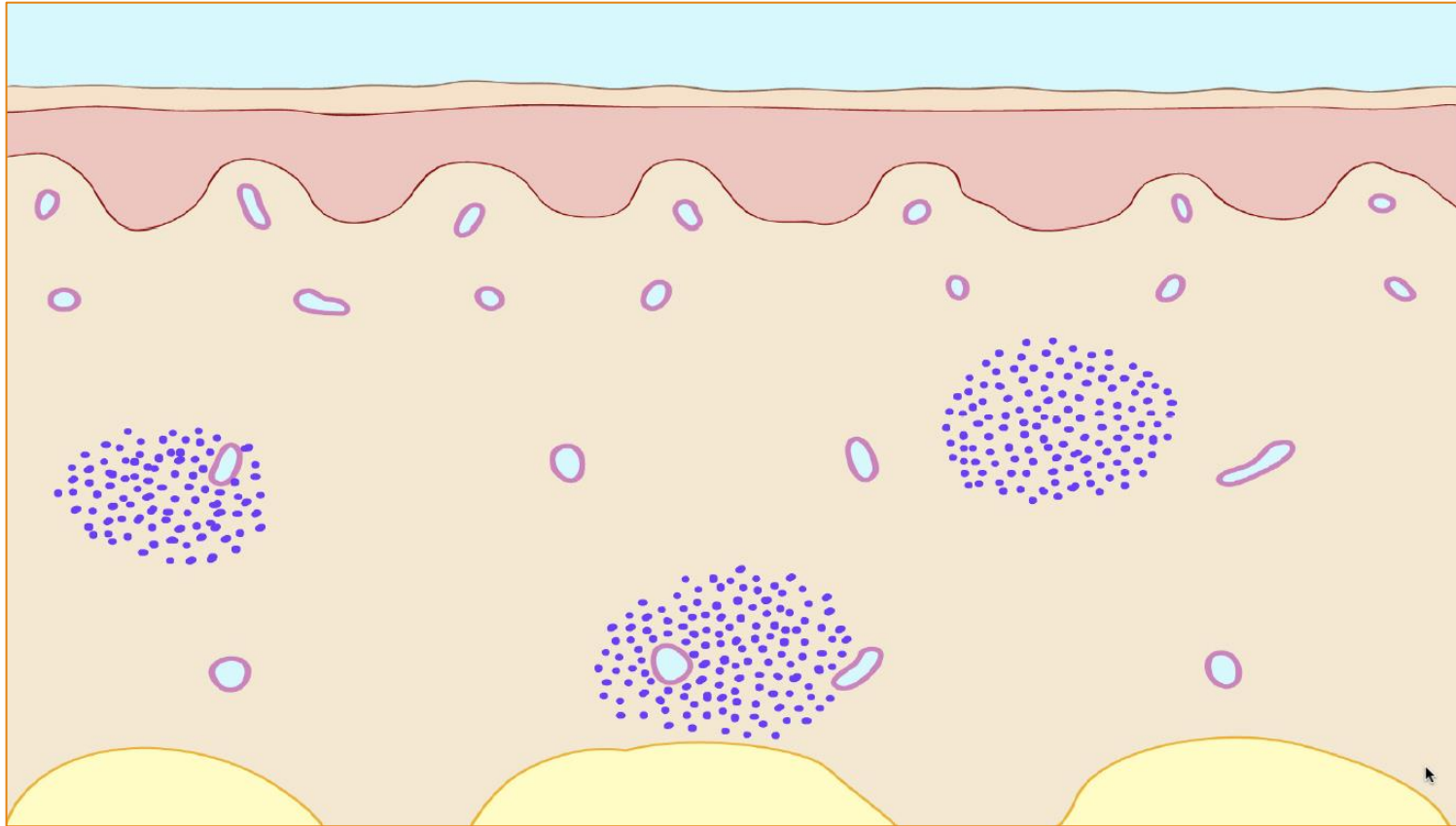
# Superficial PV Dermatitis

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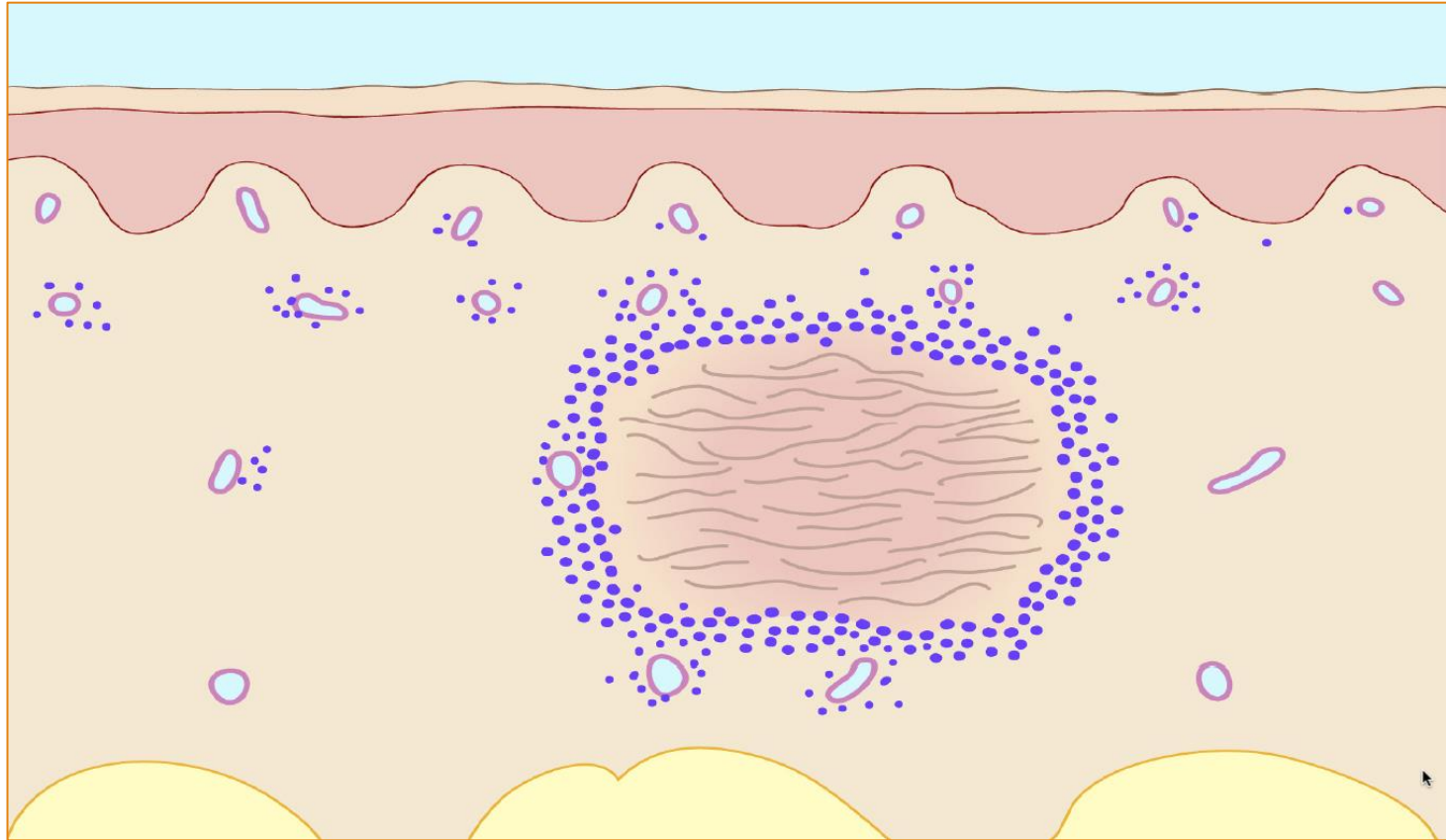
# Nodular Dermatitis

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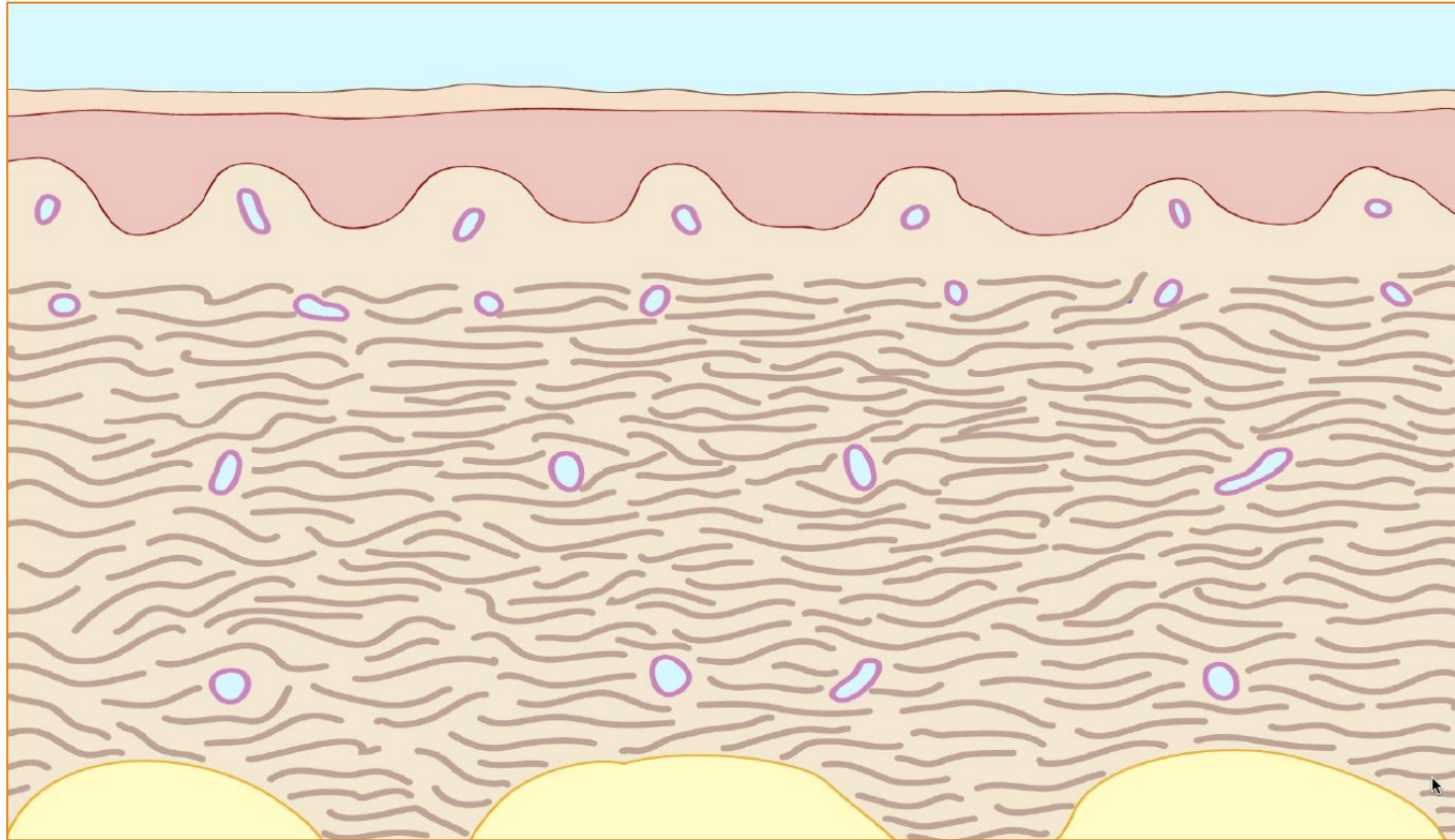
# Granulomatous Dermatitis

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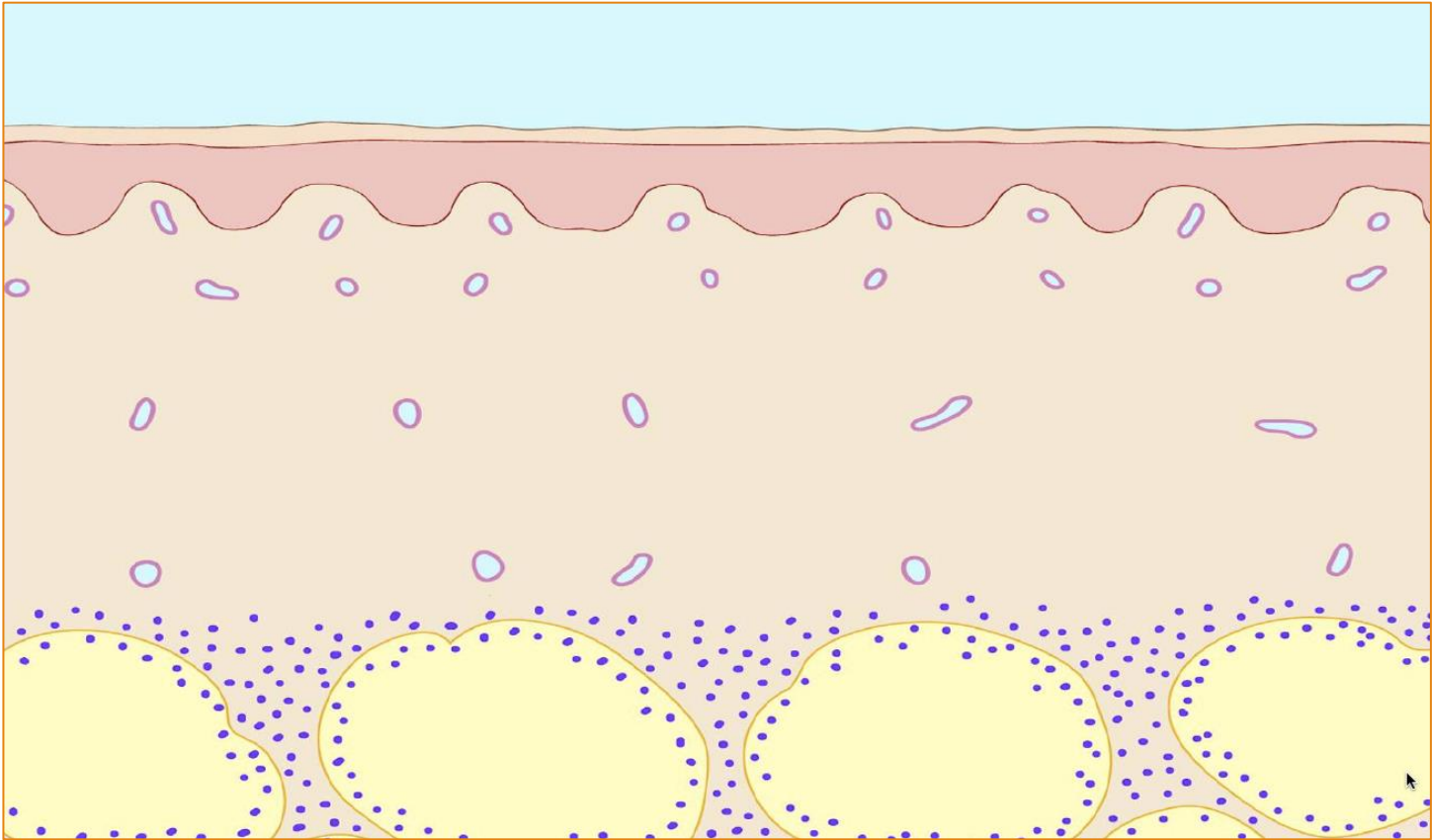
# Fibrosing Dermatitis

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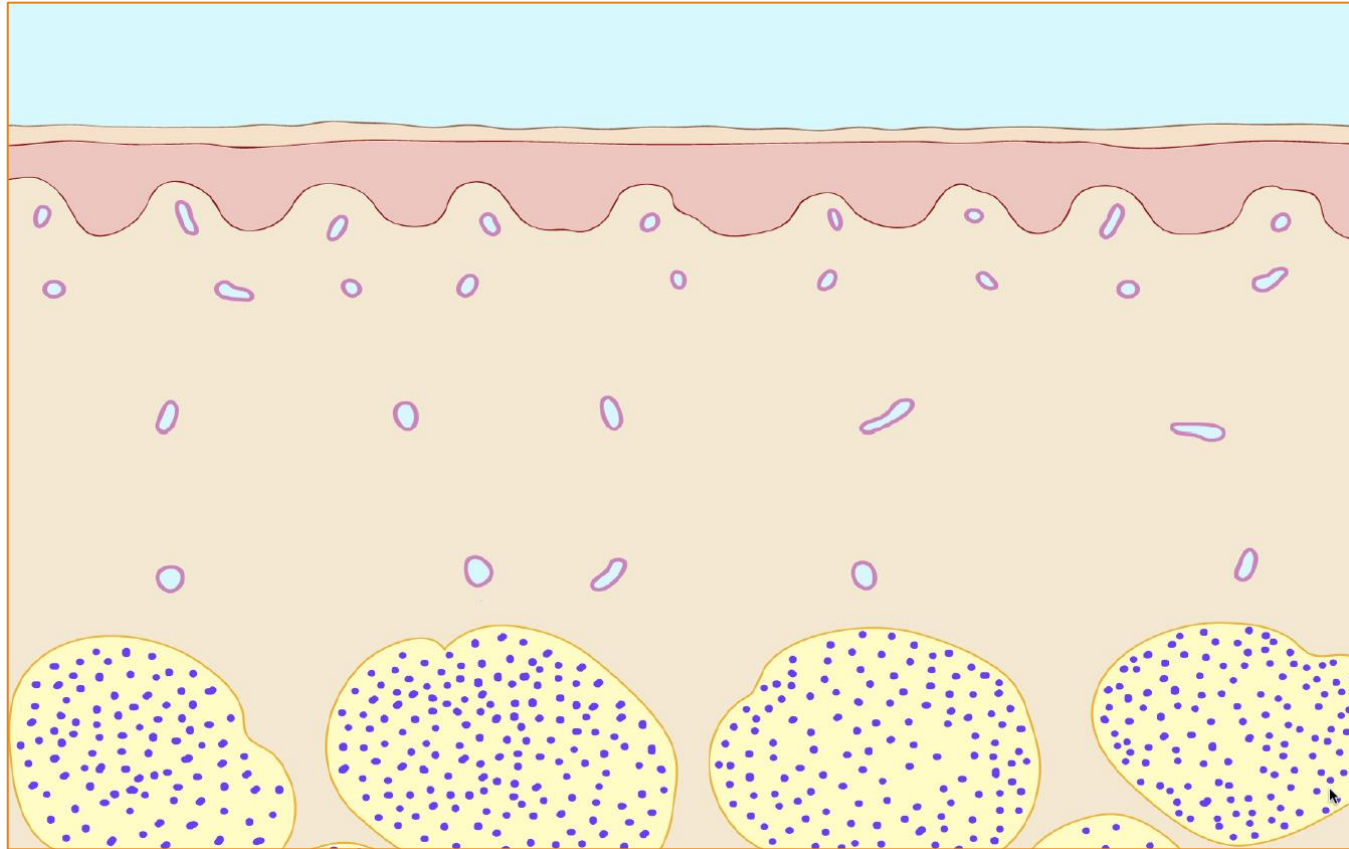
# Mostly Septal Panniculitis

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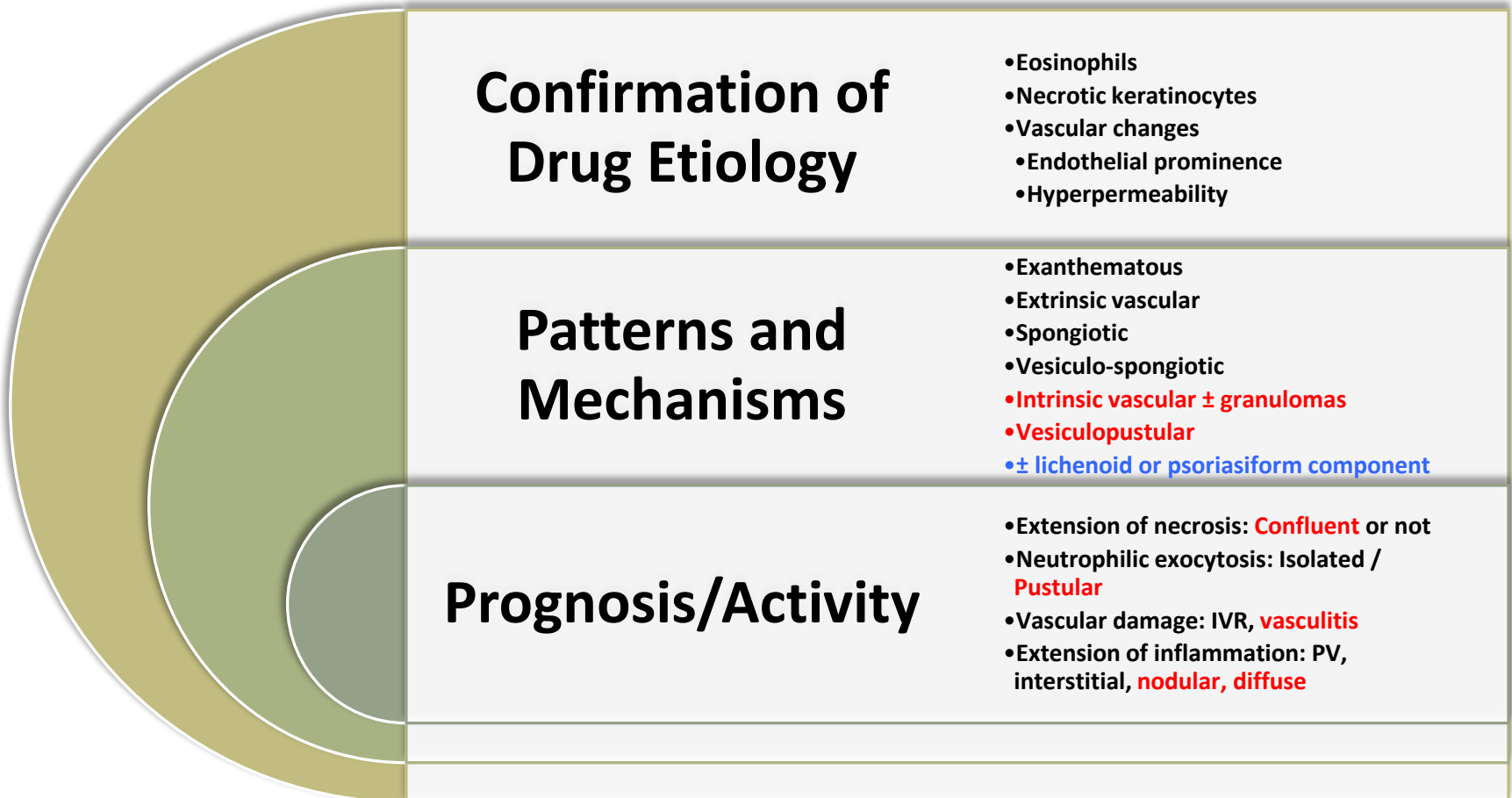


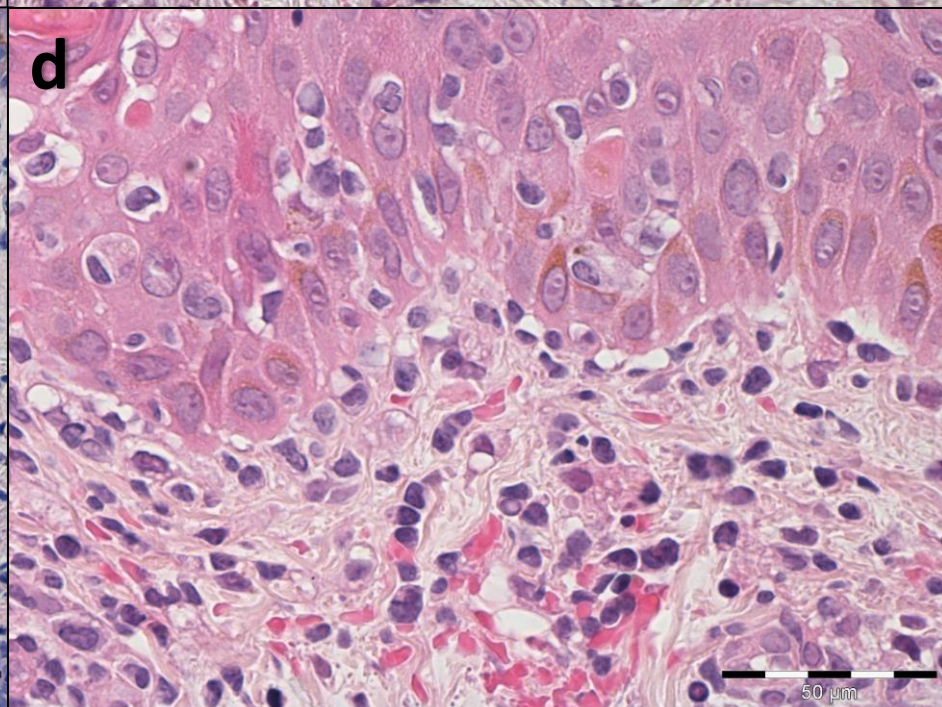
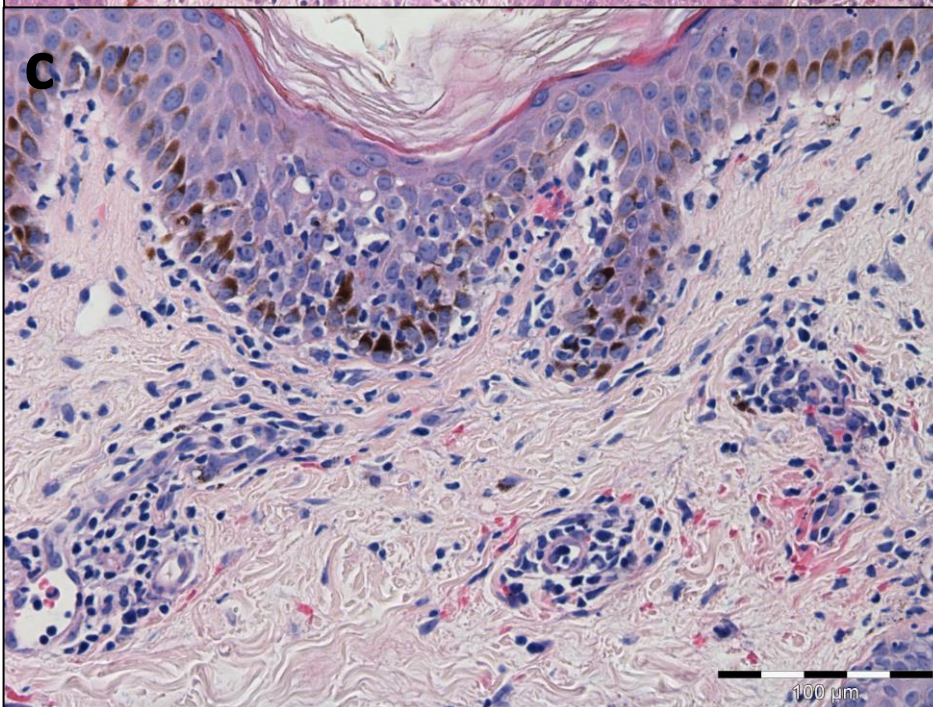
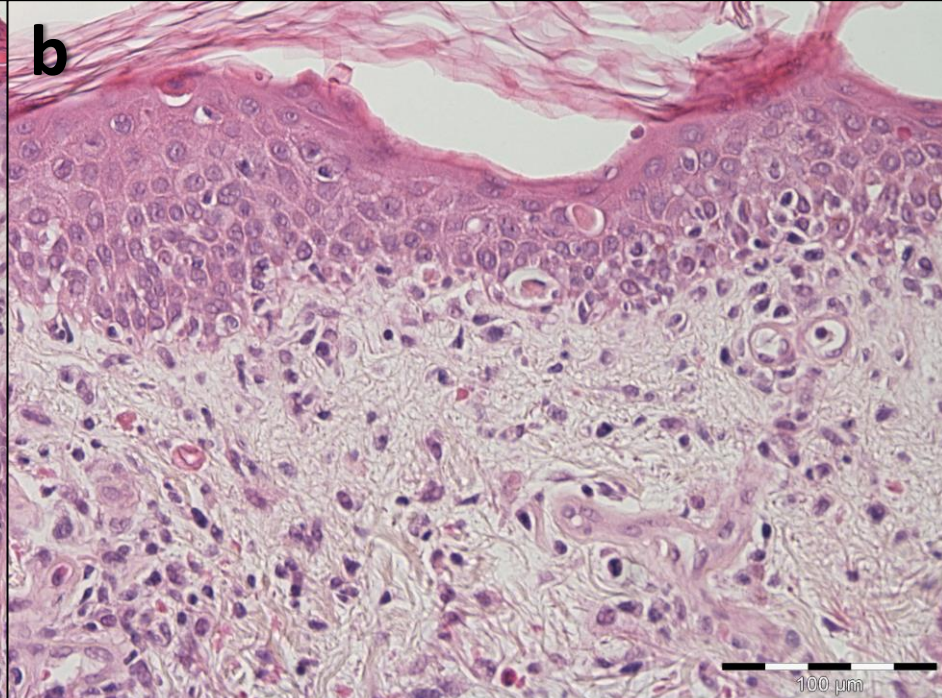
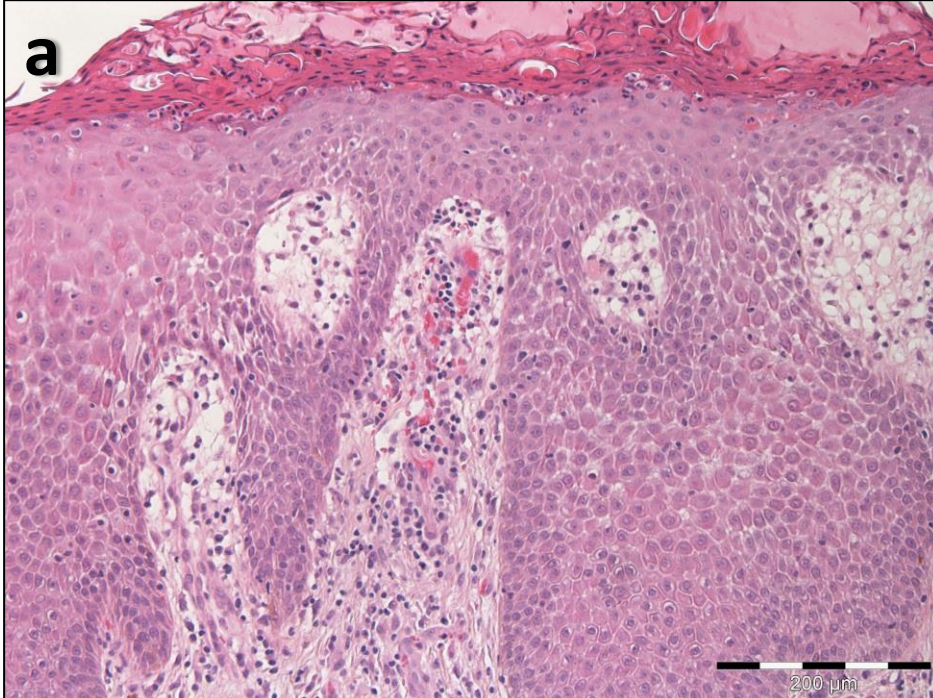
# Mostly Lobular Panniculitis

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# Pathology for ADR Evaluation

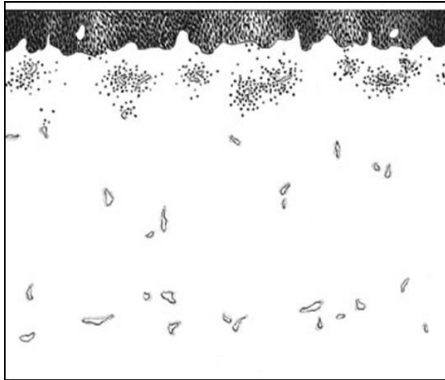






# Patterns: Common Basic and Secondary

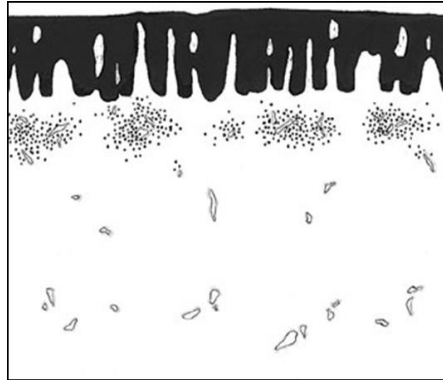
## Exanthematous



Commonest pattern

Basic profile

## Psoriasiform



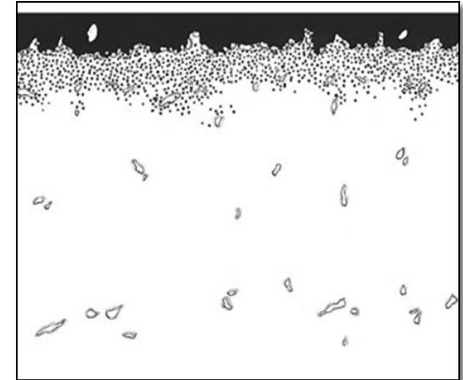
Chronicity

Relative low risk

Common as secondary  
pattern

Certain drugs if  
pseudoeplithelomatous

## Lichenoid



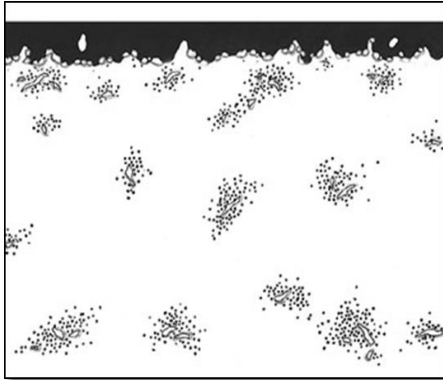
Chronicity

Relative low risk

Common as secondary  
pattern

# Epithelial Damage and Necrosis

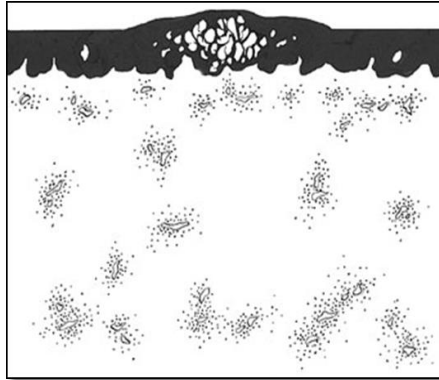
Basal cells



Isolated,  
cytotoxic

Barrier effect  
maintained

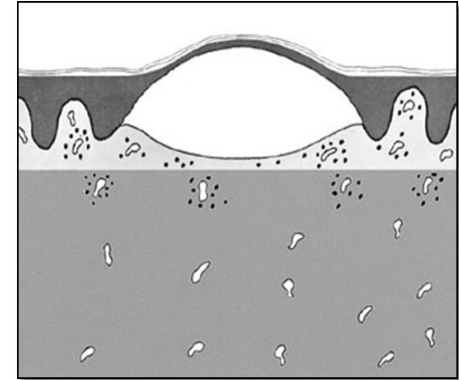
Multifocal



Clustering,  
cytotoxic

Barrier effect  
maintained

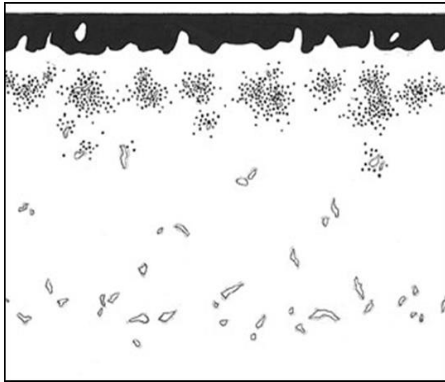
Confluent



Multifactorial  
Barrier effect  
lost

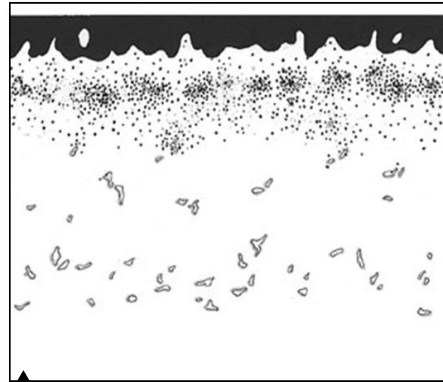
# Vascular Changes and Damage

Perivascular



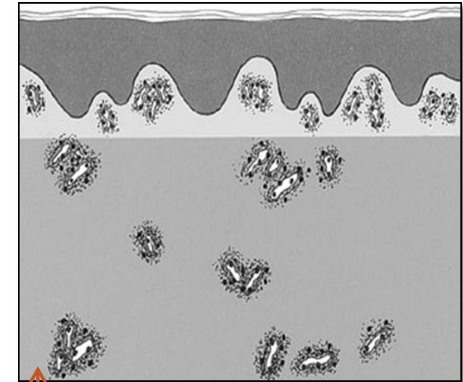
Basic profile

IVR

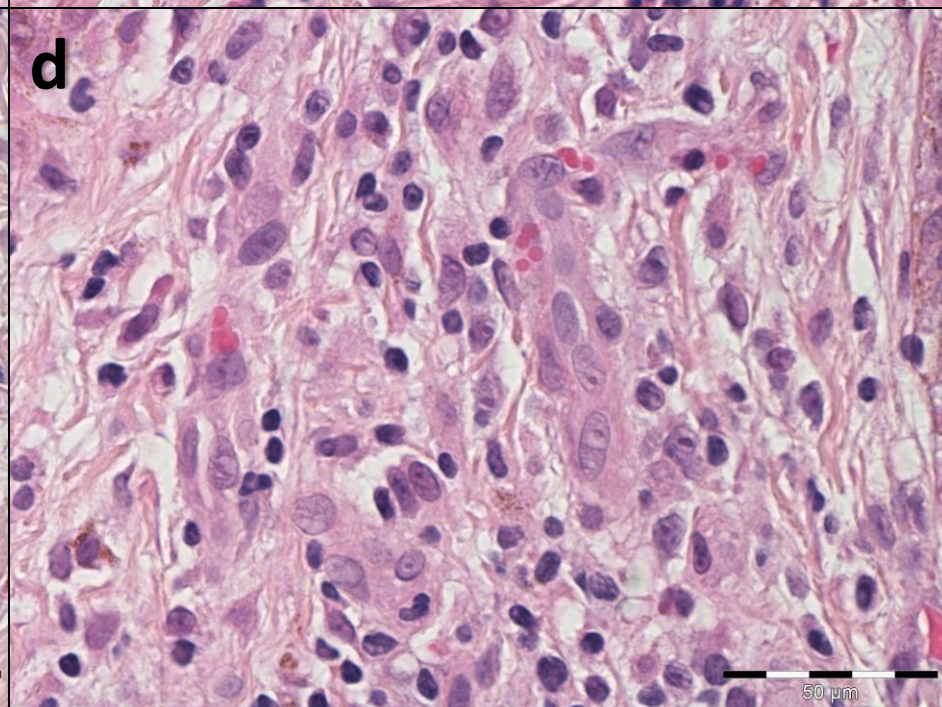
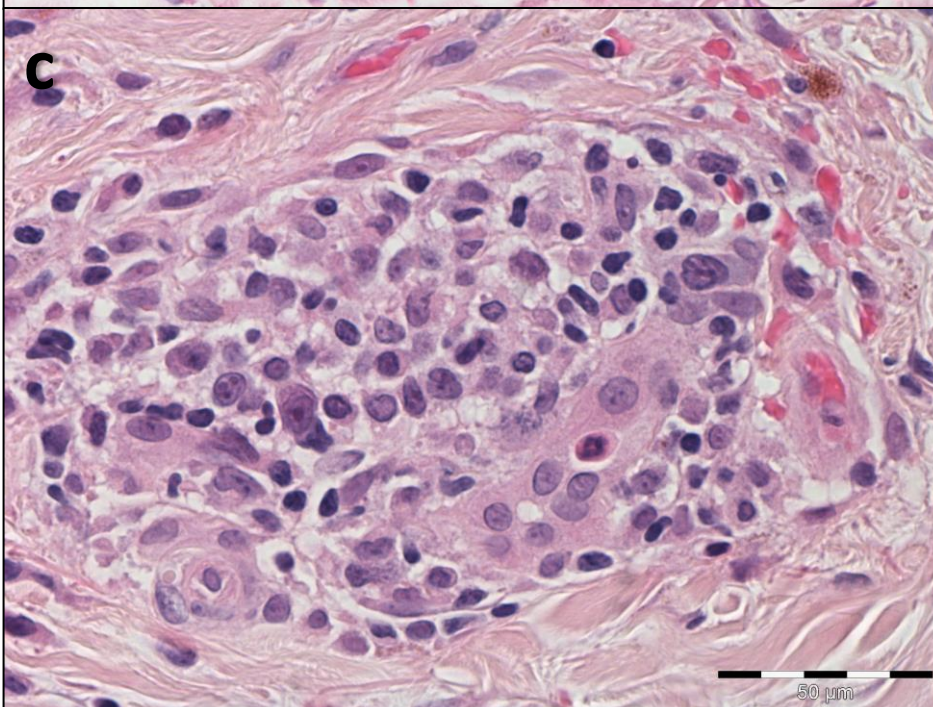
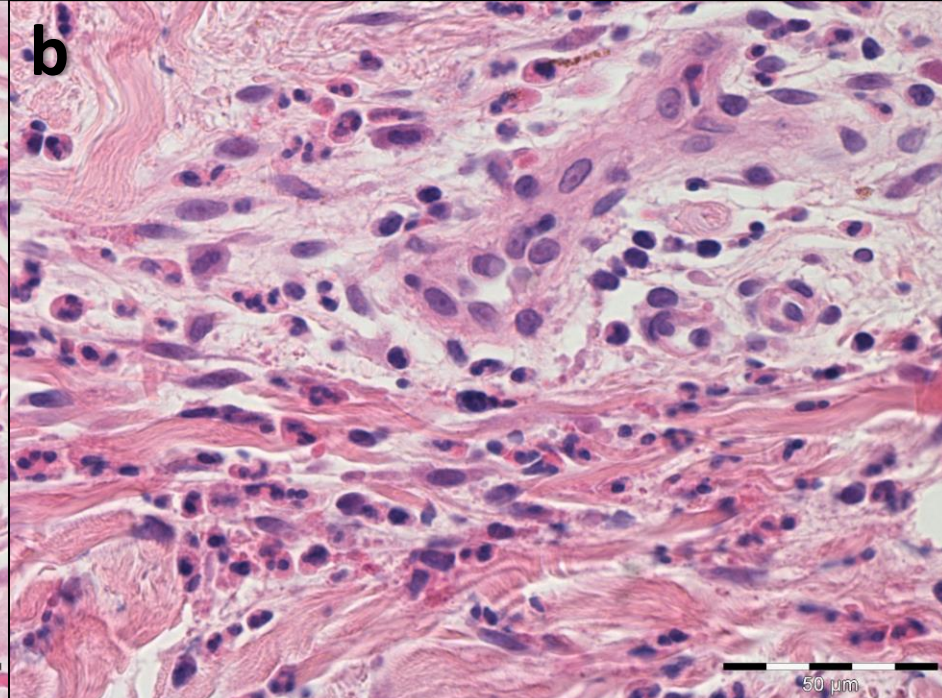
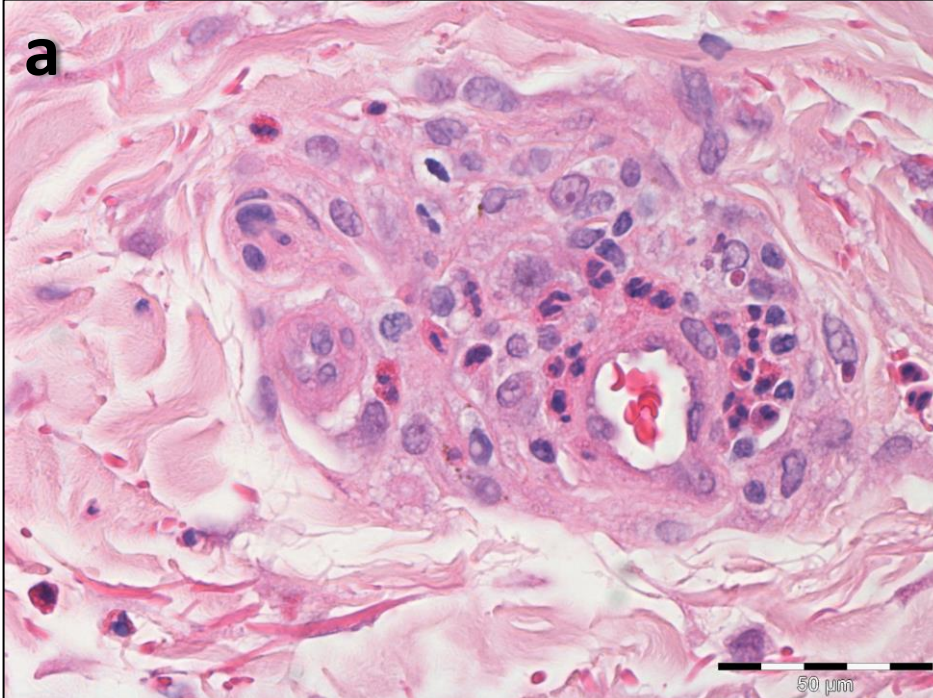


↑  
Permeability  
Minor vessel  
wall damage

Vasculitis

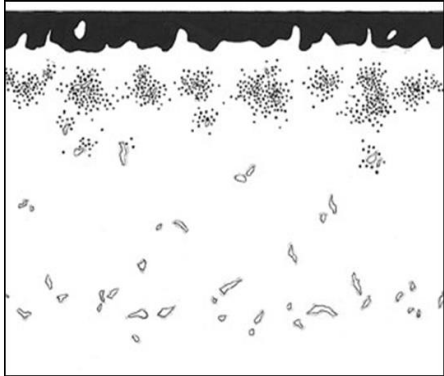


↑  
Permeability  
Major vessel  
wall damage



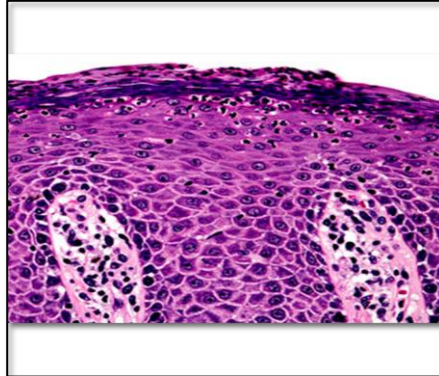
# Neutrophilic Activity

Perivascular



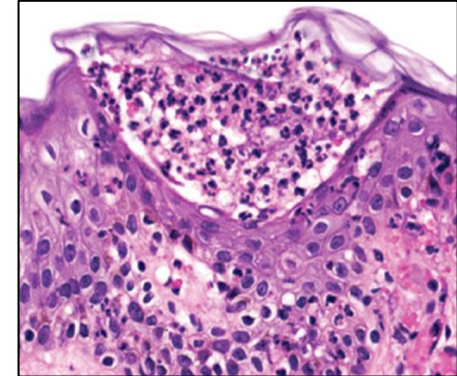
Basic profile

Single cell exocytosis



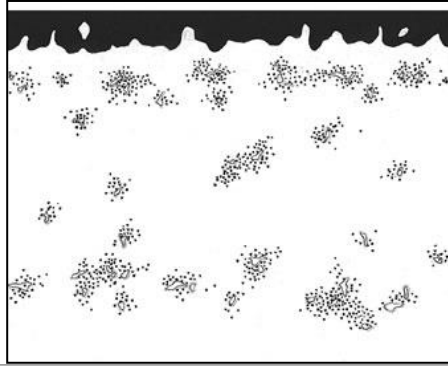
Spongiosis  
No keratinocyte  
damage/necrosis

Pustular



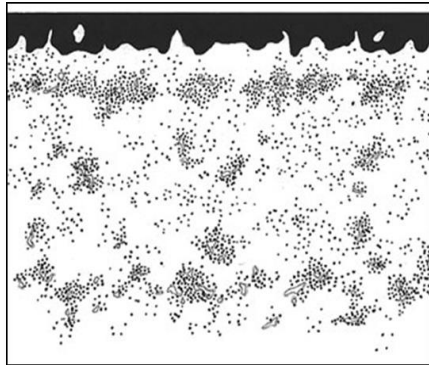
Spongiosis  
With keratinocyte  
damage/necrosis

# Infiltrate Extension



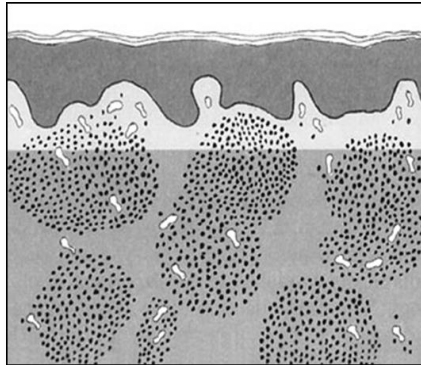
Basic - Perivascular

PV + Interstitial



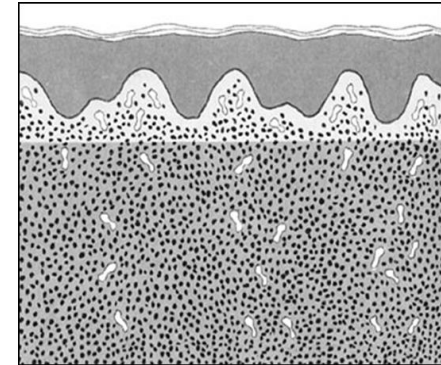
Low grade  
progressive

Nodular



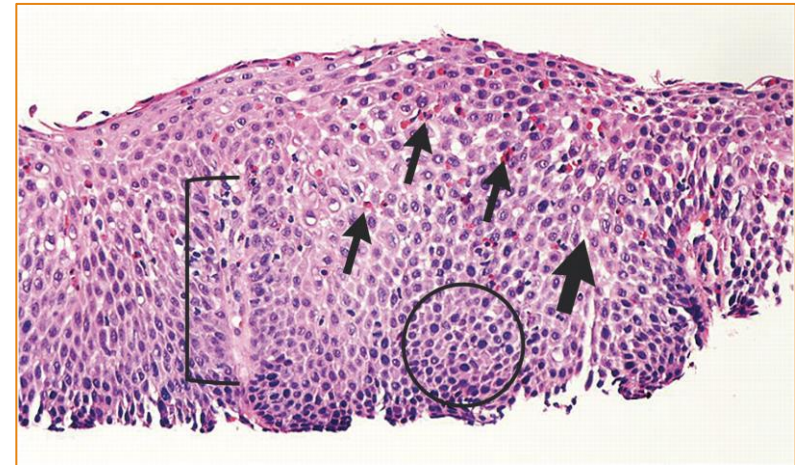
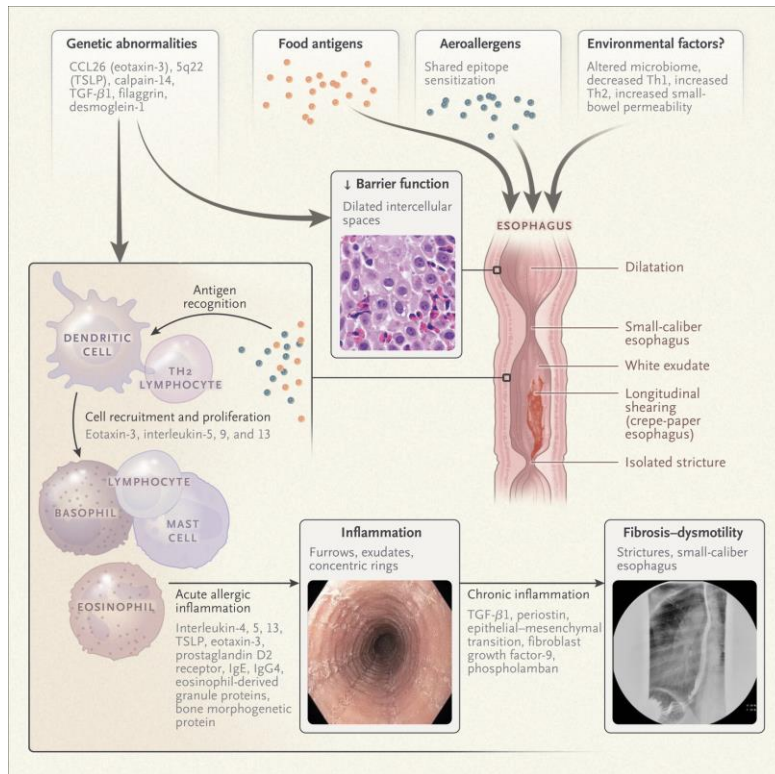
Severe

Diffuse

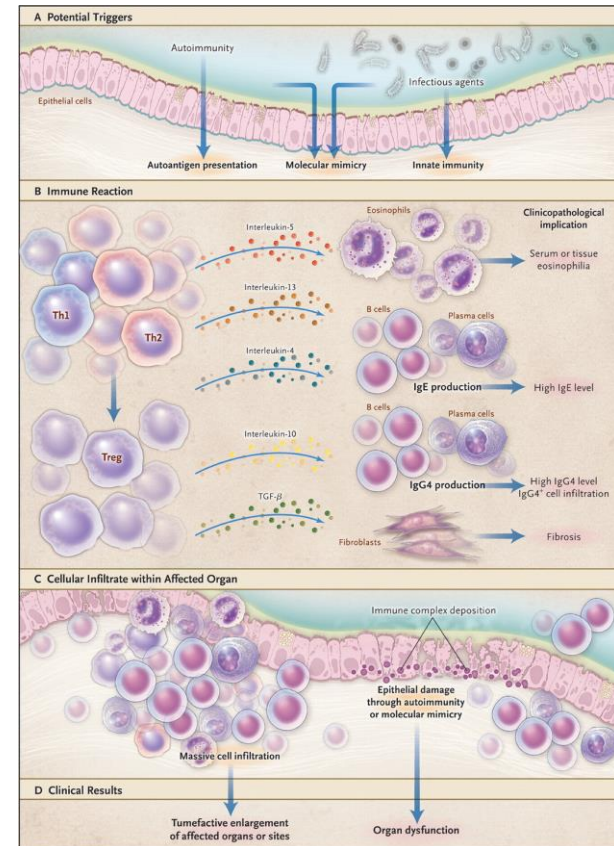
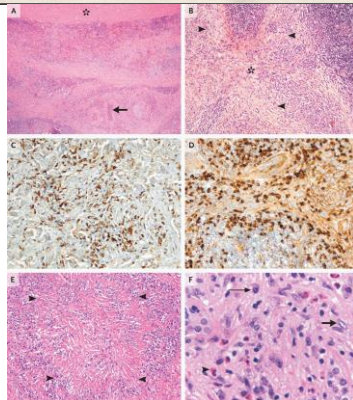
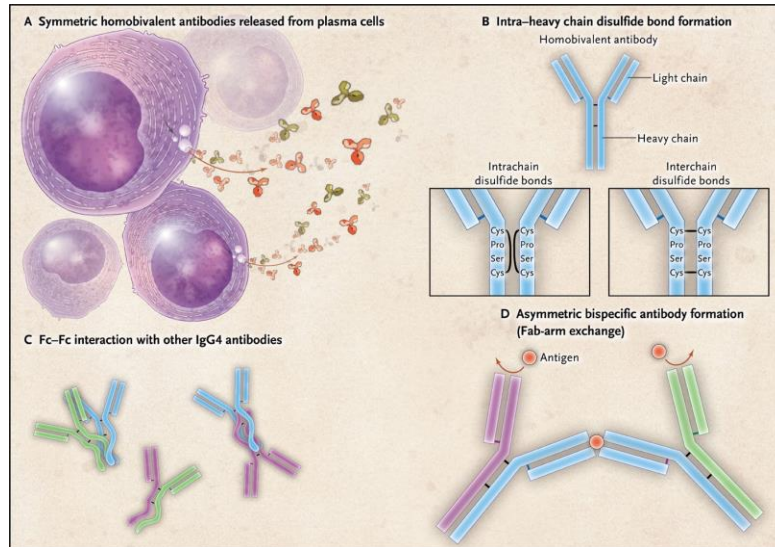


Severe &  
Tissue  
Damaging

# Type I Hypersensitivity



# IgG4-mediated Reactions





# Inflammatory Skin Lesions

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- **Patterns are the result of the interaction of injury agents and tissue response, modulated in intensity and time**
- **Elementary lesions will depend on:**
  - **basic epidermal reaction (based on cellular turnover and maturation),**
  - **vascular and cellular inflammatory components,**
  - **types of cells, and**
  - **distribution of cells (topography and microanatomy)**
- **Activity should be evaluated a from target damage (epithelial necrosis, vasculitis), exocytosis (neutrophilic), and density of infiltrate**
- **Morphological and clinico-pathologic correlation should be included in the conclusion**